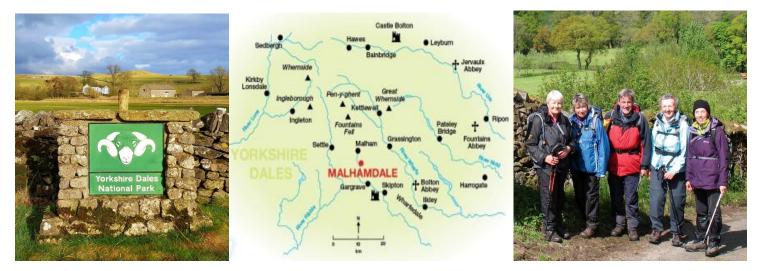


# WALKING HOLIDAYS IN THE UK

## ENGLAND – SOUTHERN YORKSHIRE DALES - MALHAMDALE

8-day / 7-night centre-based at Newfield Hall - one-hotel guided walking tour



Soak up the wonderful scenery, experience the atmosphere of solitude of the heather moorland, and explore picture postcard villages. A Guided Walking holiday based in Malhamdale is an ideal way to explore a land of hills and valleys, of waterfalls, caves and rivers known as the Yorkshire Dales. On this guided walking holiday, there is a chance to ascend Pen-y-ghent and Ingleborough, or enjoy stunning walks in Wharfedale and Ribblesdale. Awe-inspiring Malham Cove was once a waterfall and is now a spot to watch rock climbers scaling the sheer cliffs. You may like to scramble up the rock chasm of Gordale Scar or perhaps admire the more tranquil Janet's Foss waterfall. On your free day perhaps visit nearby Skipton, with its well-preserved medieval castle or the Brontë parsonage in Haworth, or tour White Scar cave, the largest show cave in Britain.

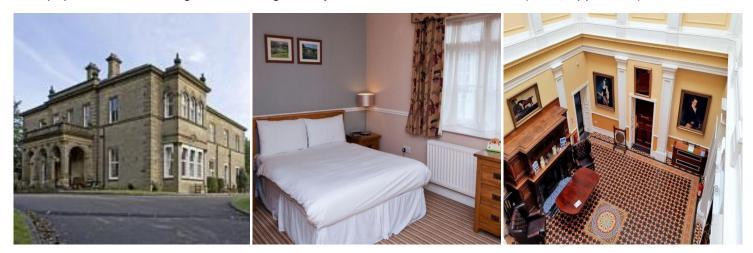
Cost from: \$2275 per person twin share Single room supplement on request

Departs: 28<sup>th</sup> January; 4<sup>th</sup> February, 25<sup>th</sup> March; 1<sup>st</sup>, 15<sup>th</sup>, 29<sup>th</sup> April; 6<sup>th</sup>, 13<sup>th</sup>, 27<sup>th</sup> May; 3<sup>rd</sup>, 10<sup>th</sup> June; 8<sup>th</sup>, 22<sup>nd</sup> July; 5<sup>th</sup> August; 9<sup>th</sup>, 30<sup>th</sup> September; 21<sup>st</sup>, 28<sup>th</sup> October; 4<sup>th</sup> November; 2<sup>nd</sup> December 2022

**Includes:** 7 nights in comfortable hotel room with ensuite bathrooms, full board (breakfast, picnic lunch and dinner) experienced walks leader, 5 guided walks, local transport associated with the walks.

Not Included: Transport to / from the house, drinks, personal expenses, transport/activities on your free day.

**Accommodation:** Retaining its 19<sup>th</sup> Century grandeur **Newfield Hall** is our most stately Country House. With excellent accommodation and facilities, extensive grounds and heated indoor swimming pool, it is also one of our most popular locations for guided walking holidays. Ask about Premium rooms (for a supplement).



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

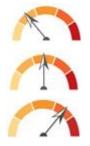


On a typical day you will have a choice of up to three guided walks of varying length and ascent. At the easiest level the pace is gentle and we have plenty of stops to enjoy the views and to rest. Or perhaps choose a more challenging walk – it's entirely up to you.

### A typical Classic Walking Week' suggested itinerary:

- Day 1Arrival day plan to arrive at your accommodation mid-afternoon. Check with us for local<br/>transport or taxi transfer options from nearby Skipton. Meals begin with dinner on the first night.
- **Day 2 4:** Full day walking options
- **Day 5:** Free day. No organised walks. Perhaps explore the amazing rock formations of White Scar Cave, visit the Brontë parsonage in Haworth, where Charlotte, Emily and Anne wrote many of their most famous works, enjoy a ride on a scenic railway over the iconic Ribblehead viaduct, or just relax and have a swim at the hotel.
- Day 6 7: Full day walking options
- **Day 8:** Departure day. Tour ends after breakfast.

### Footpath information:



Easier Walks: Up to 8 miles (13km) with up to 1300 feet (395m) of ascent.

Medium Walks: Up to 10½ miles (17km) with up to 1850 feet (560m) of ascent in a day.

Harder Walks: Up to 13 miles (21km) with up to 2300 feet (700m) of ascent in a day.

### Possible walking routes are decided each day by the walk leaders and may include:

**Airton and the River Aire** – A circular walk exploring the Aire Valley, visiting the villages of Airton, Malham and Kirkby Malham with its 15<sup>th</sup> Century church, the 'Cathedral of the Dales'. The harder walk also ascends the moor to the superb viewpoint of Weets Top for extensive views of the limestone landscape.

**Through Ribblesdale to Settle** – Our walks visit the 1873 Hoffman lime kiln and Catrigg Force waterfall – a hidden gem, situated on a deep wooded ravine – en route to Settle, a picturesque market town first chartered in 1249 and famous for the Settle-Carlisle railway. The harder walk also takes an undulating loop to visit the hidden village of Feizor, following in the footsteps of Elgar who often walked this track during visits to Settle.

**Clapham, Gaping Gill and Ingleborough** – Walks start and end in the traditional Dales village of Clapham. We pass through the Ingleborough Estate and reach the huge pothole of Gaping Gill, which drops 100 metres into a cavern large enough to fit York Minster. The hard walk also ascends to the summit of Ingleborough, one of the 'Three Peaks' of Yorkshire – views from the top can extend as far as the Lake District.

**Wharfedale, Simon's Seat and Bolton Abbey** – Highlights of our walk along Wharfedale are the ruins of Bolton Abbey, a 12<sup>th</sup> Century priory, and the Strid, a dangerous, fast-flowing river in a narrow ravine. On some routes we visit the limestone gorge of Trollers Gill and cross high moorland to Simon's Seat, where we can see as far as the North York Moors on a clear day.

**Malham Moor, Tarn and Cove** – See the key sights of Malham including the verdant setting of Janet's Foss waterfall, Gordale Scar, Malham Tarn and Malham Cove, a huge natural amphitheatre of sheer rock faces. Once a waterfall, now the river emerges from the base of the cliff. On some walks there may be the opportunity to tackle the exhilarating scramble up the dramatic rock chasm of Gordale Scar.

**Upper Wharfedale and Kettlewell** - We walk on varying routes to Hubberholme and its ancient church, with a 16<sup>th</sup> Century rood screen and furniture by Robert Thompson – 'the Mouseman of Kilburn'. Some routes continue up the hillside for extensive views down the dale, or ascend Scar House and to the summit of Buckden Pike. All walks end in the charming, quiet village of Kettlewell, which has some lovely tearooms for afternoon refreshment.

**Ribblesdale and Pen-y-ghent** – Magnificent views are on offer, whether you choose to walk over the rolling hills to Feizor then alongside the River Ribble to Settle; follow the Pennine and Ribble Ways from and back to Hortonin-Ribblesdale with views of the arched Ribblehead viaduct and the Three Peaks; or ascend via Churn Milk Hole to the summit of Pen-y-ghent.

**The Dales Way through Wharfedale** – Experience the beauty of Wharfedale on this walk through quintessential English Dales countryside. Walks follow the Wharfe, cross moorland and scramble over limestone outcrops or traverse the limestone escarpment. All routes utilise the Dales Way on the final stretch into picturesque Grassington, often described as the 'capital' of Upper Wharfedale.



**Outdoor Travel** offers walking holidays in many parts of the UK, Ireland and in Europe. Popular is Wainwright's challenging **Coast-to-Coast** trail, the **Peak District and Derbyshire Dales**, **Lake District**, the **West Highland Way** in Scotland or the **Ring of Kerry** in Ireland. Walk in **Provence** or the **Pyrenees** in France, Italy's **Cinque Terre** and **Amalfi Coast**, or Alpine areas of France, Italy, Germany, Spain, Croatia, in Switzerland and in Austria. Consider pilgrimage walks such as the **Way of St James** or **Camino de Santiago** from Le Puy in France to Santiago de Compostela in Spain, or the pilgrims' *Road to Rome*, the **Via Francigena** through Italy.

### Contact Outdoor Travel for more details and reservations:

- Call Toll free 1800 331 582 or (03) 57551743 or fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: http://www.outdoortravel.com.au
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia