

## FRANCE & SPAIN – CAMINO DE SANTIAGO

Inn-to-inn **SELF-GUIDED** walking on the Way of Saint James – **weekly sections**



The Camino de Santiago or Chemin St Jacques - the route to the shrine of St James the Apostle in northwest Spain - has attracted pilgrims from all over Europe since the 12<sup>th</sup> Century when an estimated two million people each year walked, rode or were carried along the route to the city of Santiago de Compostela.

One of the major pilgrimage routes in France was from Le Puy crossing the Pyrenees at the Roncesvalles Pass, joining other trails at Puente la Reina in Navarra (near Pamplona) to form a single path across northern Spain to the shrine at Santiago de Compostela. The Spanish part of *El Camino de Santiago* runs some 800km from the Roncesvalles Pass through Puente la Reina, La Rioja, Burgos, Leon, crossing Galicia to Santiago.

Today, it is possible to experience the same route as the medieval travellers, walking the most unspoilt sections of the route on a self-guided 'inn to inn' walk – staying mostly in simple but comfortable 1 or 2-star hotels usually with your own bathroom / toilet - and with your baggage transferred each day. We offer one or two week easy to moderate walking sections from Le Puy in central France, south to the Pyrenees and along the northern coast of Spain to Santiago, on the road to Compostela.....

Share in the sheer scale, the mystery and the history of this great medieval pilgrimage phenomenon. Take a journey where you can imagine the hardships, the pleasures and interests of those early pilgrims. Follow an infinitely varied succession of paths and trails that link cities and villages, great cathedrals, fine churches and ancient monuments. Travel through the wooded valleys of central France, cross the Pyrenees and the great Navarre plains, see the Montes de Leon, the vineyards of Rioja and the Bierzo, before reaching the fertile valleys of Galicia and - like millions of others through history - the sacred shrine of St James.

**From:** Le Puy en Velay in France to St Jean Pied du Port to Santiago de Compostela in Spain

**Departs:** Daily from 1<sup>st</sup> May to 30<sup>th</sup> October 2022

**Cost from:** \$1055 per person twin share

**Duration:** Walks in stages of 7 to 15 days

**Tour cost includes:**

- \* Self-guided Inn-to-Inn walking
- \* 1, 2 or 3-star accommodation as shown
- \* Local shuttle-bus transfers as indicated
- \* Daily baggage transfers from Inn-to-Inn
- \* Breakfast daily and most dinners as indicated
- \* Local English speaking contact / support

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**



France

Bordeaux

Cahors

Conques

Nasbinals

Le Puy

St Jean Pied de Port

Lectoure

Aire-sur-l'Adour

Santiago de Compostela

Leon

Burgos

Logrono

Pyrenees Mtns

Spain

● MADRID

**Suggested itineraries from 7 days to 11 weeks with daily departures and extra nights on request:**

**LE PUY EN VELAY – NASBINALS – 7-days / 6-nights (5-days walking in France)**

DAY 1 Arrive at Le Puy in time for dinner.  
DAY 2 Le Puy – St Privat d'Allier, 24km  
DAY 3 St Privat d'Allier – Saugues, 20km  
DAY 4 Saugues – Les Faux, 26km  
DAY 5 Les Faux – Aumont, 21km  
DAY 6 Aumont – Nasbinals, 26km  
DAY 7 Trip ends after breakfast.

Arrival point: Le Puy en Velay.  
Nearest train station: Le Puy en Velay  
Departure point: Nasbinals  
Difficulty: 4 to 7 hours easy to moderate walking each day (with 150 – 500 metres of elevation)  
Accommodation: 6 nights in 1 or 2-star hotels with half board (breakfast and dinner) each day

**Costs per person:** From **\$1295** (twin share)  
**Single room supplement:** From **\$310** (as available)  
**Solo Traveller supplement:** From **\$60** per person (as available)



**NASBINALS – CONQUES – 7-days / 6-nights (5-days walking in France)**

DAY 1 Arrive at Nasbinals in time for dinner.  
DAY 2 Nasbinals – St Chély d'Aubrac, 17km  
DAY 3 St Chély d'Aubrac – Espalion, 24km  
DAY 4 Espalion – Estaing, 13km  
DAY 5 Estaing – Sénergues, 26km  
DAY 6 Sénergues – Conques, 11km  
DAY 7 Trip ends after breakfast

Arrival point: Nasbinals  
Nearest train station: Aumont-Aubrac or St Christophe  
Departure point: Conques  
Difficulty: 3 to 6 hours of easy to moderate walking each day (with 150 – 450 metres of elevation)  
Accommodation: 6 nights: 1 or 2-star hotels, half board (breakfast & dinner)

**Costs per person:** From **\$1245** (twin share)  
**Single room supplement:** From **\$290** (as available)  
**Solo Traveller supplement:** From **\$60** per person (as available)

**CONQUES – CAHORS – 8-days / 7-nights (6-days of walking in France)**

DAY 1 Arrival at Conques in time for dinner  
DAY 2 Conques – Decazeville, 17km  
DAY 3 Decazeville – Figeac, 32km  
DAY 4 Figeac – Cajarc, 32km  
DAY 5 Cajarc – Limogne, 17km  
DAY 6 Limogne – Lalbenque, 22km  
DAY 7 Lalbenque – Cahors, 19km  
DAY 8 Trip ends after breakfast.

Arrival point: Conques  
Nearest train station: Rodez, then bus for Conques  
Departure point: Cahors  
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 – 350 metres of elevation)  
Accommodation: 7 nights in 1 or 2-star hotels with half board (breakfast and dinner) each day

**Costs per person:** From **\$1450** (twin share)  
**Single room supplement:** From **\$440** (as available)  
**Solo Traveller supplement:** From **\$65** per person (as available)

## CAHORS – LECTOURE – 7-days / 6-nights (5-days of walking in France)

DAY 1 Arrival at Cahors in time for dinner  
DAY 2 Cahors – Montcuq, 32km  
DAY 3 Montcuq – Durfort, 26km  
DAY 4 Durfort – Moissac, 14km  
DAY 5 Moissac – Auvillar, 19km  
DAY 6 Auvillar – Lectoure, 34km  
DAY 7 End of the trip after breakfast

Arrival Point: Cahors  
Nearest train station: Cahors  
Departure: Lectoure  
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 – 150 metres of elevation)  
Accommodation: 6 nights in 1, 2 or 3-star hotels with half board (breakfast and dinner)

**Costs per person:** From \$1350 (twin share)  
**Single room supplement:** From \$410 (as available)  
**Solo Traveller supplement:** From \$60 per person (as available)

## LECTOURE — AIRE-SUR-ADOUR – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Lectoure in time for dinner  
DAY 2 Lectoure – La Romieu, 19km  
DAY 3 La Romieu – Condom, 16km  
DAY 4 Condom – Montréal du Gers, 16km  
DAY 5 Montréal du Gers – Eauze, 17km  
DAY 6 Eauze – Nogaro, 20km  
DAY 7 Nogaro – Aire-sur-Adour, 30km  
DAY 8 Trip ends after breakfast.

Arrival point: Lectoure  
Nearest station: Agen or Auch, then bus to Lectoure  
Departure point: Aire-sur-Adour.  
Difficulty: 4 to 8 hours easy to moderate walking each day (with 50 - 150 metres of elevation)  
Accommodation: 7 nights in 1 or 2-star hotels or in a country cottage, with half board (breakfast and dinner) each day

**Costs per person:** From \$1545 (twin share)  
**Single room supplement:** From \$505 (as available)  
**Solo Traveller supplement:** From \$60 per person (as available)



## AIRE-SUR-ADOUR – ST JEAN PIED DE PORT – 10-days / 9-nights (8-days walking in France)

DAY 1 Arrival at Aire-sur-Adour in time for dinner  
DAY 2 Aire-sur-Adour – Miramont Sensacq, 18km  
DAY 3 Miramont Sensacq – Arzacq, 15km  
DAY 4 Arzacq – Poms, 22km  
(stay in Morlanne, return transfers included)  
DAY 5 Poms – Maslacq, 27km  
DAY 6 Maslacq – Navarrenx, 22km  
DAY 7 Navarrenx – St Palais, 29km  
DAY 8 St Palais – Larceveau, 15km  
DAY 9 Larceveau – St Jean Pied de Port, 18km  
DAY 10 Trip ends after breakfast.

Arrival point: Aire-sur-Adour  
Nearest train station: Aire-sur-Adour  
Transfers: Return transfers between Poms and accommodation in Morlanne.  
Departure point: St Jean Pied de Port  
Difficulty: 4 to 7 hours of easy to moderate walking each day (50 - 150 metres of elevation)  
Accommodation: 9 nights in 1 or 2-star hotels with half board (breakfast and dinner)

**Costs per person:** From \$1745 (twin share)  
**Single room supplement:** From \$550 (as available)  
**Solo Traveller supplement:** From \$65 per person (as available)



### ST JEAN PIED DE PORT – LOGROÑO 9-days / 8-nights (7-days of walking from France into Spain)

DAY 1 Arrival St Jean Pied de Port before dinner  
 DAY 2 St Jean Pied de Port – Roncesvalles, 25km  
 DAY 3 Roncesvalles – Zubiri, 22km  
 DAY 4 Zubiri – Pamplona, 21km  
 DAY 5 Pamplona – Puente La Reina, 24km  
 DAY 6 Puente La Reina – Estella, 22km  
 DAY 7 Estella – Los Arcos, 22km  
 DAY 8 Los Arcos – Logroño, 28km.  
 DAY 9 Trip ends after breakfast

Arrival point: St Jean Pied de Port  
 Nearest train station: St Jean Pied de Port  
 Departure point: Logroño  
 Difficulty: 6 to 8 hours of moderate walking daily (300 metres except on DAY 2 with a 1300m climb)  
 Accommodation: 7 nights in 1 or 2-star hotels, with half board (breakfast and dinner) – except Pamplona and Logroño where we provide B&B only.

**Costs per person:** From \$1670 (twin share)  
**Single room supplement:** From \$330 (as available)  
**Solo Traveller supplement:** From \$65 per person (as available)



### LOGROÑO – BURGOS – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Logroño  
 DAY 2 Logroño – Najera, 29km  
 DAY 3 Najera – Santo Domingo de la Calzada, 21km  
 DAY 4 St Domingo de la Calzada – Belorado, 23km  
 DAY 5 Belorado – San Juan de Ortega, 24km  
 (Return by taxi to Belorado - included)  
 DAY 6 Taxi to San Juan de Ortega (included) then walk San Juan de Ortega – Burgos, 28km  
 DAY 7 Trip ends after breakfast.)

Arrival point: Logroño  
 Nearest train station: Logroño  
 2 transfers ex Belorado included in tour cost.  
 Departure point: Burgos  
 Difficulty: 4 to 7 hours of flat easy walking each day  
 Accommodation: 6 nights in 1 or 2-star hotels, with 3 nights half board (breakfast and dinner), 3 nights B&B only (in Logroño, Santo Domingo, Burgos).

**Costs per person:** From \$1425 (twin share)  
**Single room supplement:** From \$395 (as available)  
**Solo Traveller supplement:** From \$275 per person (as available)



### **BURGOS – LEÓN – 8-days / 7-nights (7-days of walking in Spain)**

- DAY 1 Arrival at Burgos in time for dinner
- DAY 2 Burgos – Castrojeriz, 39km (optional shuttle)
- DAY 3 Castrojeriz – Frómista, 25km
- DAY 4 Frómista – Carrión de los Condes, 19km
- DAY 5 Carrión – Moratinos, 30km (taxi from Moratinos to Sahagún included)
- DAY 6 Taxi Sahagún to Moratinos included, then walk Moratinos – El Burgo Ranero, 28km
- DAY 7 El Burgo Ranero – Mansillas d/I Mulas, 22km
- DAY 8 Mansillas – León, 19km (walk ends in the afternoon)

Arrival point: Burgos  
 Nearest train station: Burgos  
 2 transfers ex Sahagun included in tour cost  
 Departure point: León  
 Difficulty: 6 to 8 hours of moderate walking each day (except DAY 2 where the 11-hour walk may be shortened with the use of the shuttle bus)  
 Accommodation: 6 nights in 1 or 2-star hotels with half board, except B&B only in Burgos. One night is in a room without an ensuite. León accommodation available at extra cost, upgrade to Parador available

**Costs per person:** From \$1585 (twin share)  
**Single room supplement:** From \$285 (as available)  
**Solo Traveller supplement:** From \$415 per person (as available)

### **LEÓN – SANTIAGO DE COMPOSTELA – 15-days / 14-nights (13-days of walking in Spain)**

- DAY 1 Arrival at León in time for dinner
- DAY 2 León – Hospital de Orbigo, 34km (Optional local bus at extra cost)
- DAY 3 Hospital de Orbigo – Astorga, 14km
- DAY 4 Astorga – Rabanal del Camino, 20km
- DAY 5 Rabanal – Ponferrada, 33km
- DAY 6 Ponferrada – Villafranca del Bierzo, 25km
- DAY 7 Villafranca del Bierzo – O Cebreiro, 30km
- DAY 8 O Cebreiro – Triascastela, 21km.
- DAY 9 Triascatela – Sarria, 21km
- DAY 10 Sarria – Portomarin, 22km
- DAY 11 Portomarin – Palas de Rei, 25km
- DAY 12 Palas de Rei – Arzua, 29km
- DAY 13 Arzua – Lavacolla, 29km
- DAY 14 Lavacolla – Santiago de Compostela 10km
- DAY 15 Trip ends after breakfast

Arrival point: León  
 Nearest train station: León  
 Departure point: Santiago de Compostela  
 Difficulty: 4 to 8 hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)  
 Accommodation: 14-nights in 1 or 2-star hotels with half board (breakfast and dinner) except in Santiago where we offer B&B only.

Upgrade to the Parador Hotel in Santiago at extra cost – ask for details

**Costs per person:** From \$2745 (twin share)  
**Single room supplement:** From \$625 (as available)  
**Solo Traveller supplement:** From \$590 per person (as available)

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## **SARRIA – SANTIAGO DE COMPOSTELA (STANDARD) – 7-days / 6-nights (5-days of walking in Spain)**

DAY 1 Arrival at Sarria in time for dinner  
DAY 2 Sarria – Portomarin, 22km  
DAY 3 Portomarin – Palas de Rei, 25km  
DAY 4 Palas de Rei – Arzua, 29km  
DAY 5 Arzua – Lavacolla, 29km  
DAY 6 Lavacolla – Santiago de Compostela 10km  
DAY 7 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.  
Nearest train station: Sarria (infrequent trains)  
Departure point: Santiago de Compostela  
Difficulty: 4 to 8-hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)  
Accommodation: 6-nights, 1 or 2-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

**Costs per person:** From **\$1195** (twin share)  
**Single room supplement:** From **\$225** (as available)  
**Solo Traveller supplement:** From **\$205** per person (as available)

To avoid the long 29km section to Arzua, we offer an alternative **'Easier Km'** 8-day version via Melide:

## **SARRIA – SANTIAGO DE COMPOSTELA (EASIER KM) – 8-days / 7-nights (6-days of walking in Spain)**

DAY 1 Arrival at Sarria in time for dinner  
DAY 2 Sarria – Portomarin, 22km  
DAY 3 Portomarin – Palas de Rei, 25km  
DAY 4 Palas de Rei – Melide, 13km  
DAY 5 Melide – Arzua, 15km  
DAY 6 Arzua – Rua, 19km  
DAY 7 Rua – Santiago de Compostela 20km  
DAY 8 Trip ends after breakfast

Arrival point: Santiago  
Nearest train station: Sarria (infrequent trains)  
Departure point: Santiago de Compostela  
Difficulty: 4 to 8-hours of easy to moderate walking daily (there are 3 long days that may be shortened using a shuttle-bus at extra cost - ask for details)  
Accommodation: 7-nights, 1 or 2-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

**Costs per person:** From **\$1340** (twin share)  
**Single room supplement:** From **\$250** (as available)  
**Solo Traveller supplement:** From **\$280** per person (as available)

Getting to Sarria: public transport is infrequent, we strongly recommend you make your way to Santiago and take either a local bus to Sarria or book a pre-paid taxi to Sarria (cost is @ €100 per taxi - ask for details).

Upgrade to the Parador Hotel beside the cathedral in in Santiago at extra cost on either tour – ask for a quote.



**Contact Outdoor Travel for more itinerary details and reservations:**

- Call toll free on 1800 331 582 or (03) 57 551 743 or Fax (03) 57 501 020
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