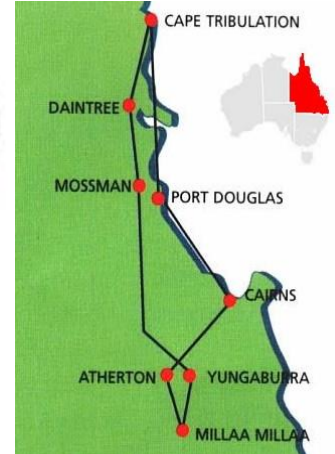


TASMANIA, VICTORIA OR NORTH QUEENSLAND

8, 9, 10, 11, 16 or 17-day - Small group guided inn-to-inn fully supported cycle tours



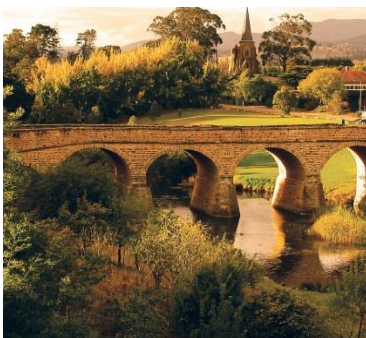
Cycling holidays in Australia are rare despite the wonderful climate and tremendous variety of scenery, wildlife and pioneer history to be explored. Why? The answer is simple as the logistics of visiting areas of this vast continent and distances involved require expert planning and a support team including a 'sag wagon'. And not all areas are interesting or practical for cycling so we have determined the three areas where we believe you will get the most out of a cycling holiday. We have also chosen the itineraries so that you can choose either a long 16 or 17-day journey or the 8-day highlights of a specific region:

Tasmania or Victoria are ideal destinations during the summer months. Far North Queensland is ideal the winter period from June to September combining cycling with other activities on the reef or in the rainforest.

If you enjoy an active lifestyle and the outdoors, then these holidays are for you. We provide support vehicles with trailers (trailers take all the bikes, luggage and spares) and you can take a break from cycling at any time. We meet in the city centre from where we drive to a quiet country road to commence biking. There is no maximum age. We recommend a minimum age of 14 when accompanied by parents, 18 when unaccompanied.

We offer country inns, lodges and hotels chosen for their character, location and comfort. Accommodation is based on twin share or double rooms. Single rooms are available on payment of a supplement - see costs. We cannot guarantee a single room on all trips each night unless you book early. If you wish to share a room and we are unable to place you in share twin accommodation there will be no additional charge for a single room. On some occasions in remote areas it may be necessary for two rooms to share a bathroom, especially in Tasmania.

Excellent meals are a feature of our trips. Cyclists' hearty appetites are well catered for. Three meals a day are provided most days with some lunches and evenings free. Breakfast is a choice of cooked or continental. Lunch is often a picnic provided by your guide at a scenic location. Evening meals are at good restaurants and inns offering a wide selection of local cuisine. Vegetarians are readily catered for.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

| CYCLING IN AUSTRALIA | | Prices in Australian dollars | Bike hire | Single room supplement |
|-----------------------------|---------|---|------------------|-------------------------------|
| | | from | from | from |
| Tasmania | 16 days | \$6875 | \$395 | \$1860 |
| Tasmania East Coast | 8 days | \$3595 | \$225 | \$865 |
| Tasmania West Coast | 9 days | \$3795 | \$245 | \$995 |
| Victoria | 17 days | \$6895 | \$440 | \$1485 |
| Victorian Alps | 9 days | \$3650 | \$225 | \$765 |
| Victorian Goldfields | 10 days | \$4250 | \$270 | \$835 |
| North Queensland | 11 days | Tours will run on demand – with a minimum of 6 cyclists – ask for details | | |

TASMANIAN HIGHLIGHTS 16-DAYS

East Coast Explorer 8 days and Wild West Coast 9 days

Tasmania offers wonderful cycling with its mild summer climate, fabulous beaches and magnificent mountains. Our route includes a visit some of the best known National Parks in Australia – Freycinet National Park, Cradle Mountain and Lake St Clair - where we will enjoy a close encounter with unique indigenous flora and fauna. We will also experience early colonial history and stay at the very best lodges in the State including luxury wilderness lodges, historic cottages and hotels, a farmstay and lakeside lodges.

Sections of the route can be challenging if you wish to cycle the whole way, or moderate with some van use.

| | |
|--------------------------|--|
| Departs: | Ask for the latest departure dates & itinerary details |
| Price per person: | From \$6875 twin share Single Supplement: from \$1860 (if willing to share there will be no surcharge) |
| Bike Rental: | From \$490 for 16-days |
| Included: | 15 breakfasts, 6 lunches and 14 dinners, all accommodation to a very good standard, mini-bus support, entry to National Parks, a t-shirt or road jersey, detailed maps with route profiles |

Suggested itinerary:

DAY 1 HOBART

Arrive Hobart to meet the group at 3.00pm. One of Australia's most attractive capital cities, Hobart is located beneath Mount Wellington with views across the Derwent River. The fine Georgian buildings in the city and at Battery Point are worth seeing as is MONA the contemporary art museum a short ferry ride from the quay.

DAY 2 TRIABUNNA

Cycling distance @ 45 or 104km

A boat trip out to Maria Island, where a wide variety of native animals and birds are to be found, is well worthwhile.

DAY 3 FREYCINET

Cycling distance @ 58 or 87 or 119km

A beautiful coastal ride with a ferry ride to Freycinet Peninsula and two nights in magnificent Freycinet Lodge.

Day 4 FREYCINET

Rest day

DAY 5 ST HELENS

Cycling distance @ 56 or 70 or 118km

A very scenic coastal road with no major hills.

DAY 6 SCOTTSDALE

Cycling distance @ 56 or 68 or 102km

Passing through impressive stands of eucalyptus and giant ferns, we stay at a comfortable B & B.

DAY 7 LAUNCESTON

Cycling distance @ 48 or 64km

Explore the city and surrounding countryside

DAY 8 LAUNCESTON

Rest day

East Coast 8-day tour ends after breakfast. West Coast 9-day tour starts at 5.00pm

For those on the 16-day tour a rest day brings an opportunity to visit some local vineyards in the Tamar Valley.

DAY 9 SHEFFIELD

Cycling distance @ 74 or 80 or 106km

We cycle on quiet roads to our farm stay hosts.

DAY 10 CRADLE MOUNTAIN

Cycling distance @ 53 or 58km

Take a short walk around Dove Lake through magnificent mountain scenery.

DAY 11 + 12 STRAHAN**Cycling distance @ 58 or 103 or 150km**

Through the rugged, isolated mountains of the West Coast via Tullah to the attractive coastal village of Strahan. There is a rest day in Strahan - the Gordon River cruise is well worthwhile.

DAY 13 LAKE ST CLAIR**Cycling distance @ 78 or 140km**

Our lodge is in Lake St Clair National Park, where you are most likely to see wallabies and much native bird life.

DAY 14 HAMILTON**Cycling distance @ 88 or 109km**

We descend past lakes and mountain ranges to farming country, and stay in stone cottages in Hamilton village.

DAY 15 HOBART**Cycling distance @ 39 or 60 or 98km**

We take a quiet back road through several attractive villages to New Norfolk where there is the option of cycling or taking the van for the last few miles. Tour ends in Hobart.

DAY 16 HOBART

9 and 16-day tours end after breakfast

VICTORIAN HIGHLIGHTS 17 DAYS**Victorian Alps 9 days and Victorian Goldfields 10 days**

Highlights include Victoria's High Country and Mount Buffalo National Park, Murray to the Mountains Rail Trail, the Ovens, King Valley and Rutherglen vineyards, old gold mining towns, the Grampians National Park and aboriginal heritage and the spectacular Great Ocean Road.

Departs:

Ask for the latest departure dates & itinerary details

Price per person:

From **\$6895** twin share

Single Supplement: from \$1485 (if willing to share there will be no surcharge)

Bike Rental:

From \$490 for 17-days

Includes:

16 breakfasts, 8 lunches and 12 dinners, all accommodation to a very good standard, mini-bus support, a t-shirt or road jersey, detailed route maps

Suggested itinerary:**DAY 1 MELBOURNE.**

Arrive Melbourne by 2.00pm. A hugely interesting and popular city with much to see and do; there is an excellent bike path to South Melbourne and from here along the coast to St Kilda or along the Yarra River.

Day 2 NARBETHONG**Cycling distance @ 66 or 80 or 115km**

Leave busy Melbourne on the 33.5km Yarra Bike trail following the river and through several parks to Westerfolds Park, then by back roads to the wine growing region of Yarra Glen for lunch. Finish the day with a challenging climb up over the Black Spur in the Yarra Ranges national park.

Day 3 MANSFIELD**Cycling distance @ 57 or 75 or 110km**

A day winding through the open Victorian farmland.

Day 4 WANGARATTA**Cycling distance @ 65 or 115km**

A lovely climb on a quiet road up the edge of the alpine range before a long gentle descent beside the King River to Wangaratta.

Day 5 BRIGHT**Cycling distance @ 51 or 81km**

Bright is one of the most beautiful villages in Australia nestled at the foot of the Australian Alps. The Ovens River valley is a centre for arts and crafts with a well-earned reputation for gourmet food and wines. A unique day's riding entirely on a sealed rail trail – the Murray to the Mountains Rail Trail though magnificent countryside.

Day 6 BRIGHT**Rest day with optional 30km descent**

On your rest day take an optional trip to Mount Buffalo. We will take you to the top of Mt Buffalo and leave you to enjoy the 30km descent by bike.

Day 7 BEECHWORTH**Cycling distance @ 86 or 112km**

The day starts with an 8 km climb to Tawonga Gap (895m) with rewarding views of Mount Beauty followed by a superb descent into the scenic Kiewa Valley before more, gentle climbing to the quaint old gold town of Yackandandah.

Day 8 BENDIGO**Cycling distance @ 45km**

Downhill all the way to Chiltern for a quick coffee, then an easy flat ride to Rutherglen for wine tasting. Meet at the Rutherglen Information Centre for the 270km drive to Bendigo.

The 8-day Victorian Alps tour ends today in Rutherglen or in Shepparton (where there is a train station).

The 10-day Victorian Goldfields tour starts in Bendigo at 4.00pm

Day 9 MOONABEL**Cycling distance @73 or 100 or 122km**

A long but relatively easy ride through ironbark gum lined rural roads with several old very attractive gold mining towns for refreshment on route.

Day 10 HALLS GAP**Cycling distance @ 61 or 89km**

Pleasant rural countryside to Stawell then a wooded flat road with ever nearing views of the Grampians.

Day 11 DUNKELD**Cycling distance @ 64km**

A morning walk into the Grampians Mountains and a visit to the Brambuck Aboriginal Centre. We then descend along the Wannon River valley with spectacular views of the Serra and Mount William ranges and Mount Abrupt.

Day 12 PORT FAIRY**Cycling distance @ 98km**

Ride over the open countryside on tiny back roads through sheep and cattle country to the historic seaside town of Port Fairy.

Day 13 PORT FAIRY**Rest day**

Free day to explore this lovely fishing village or nearby sandy beaches, historic lighthouse and mutton bird colony

Day 14 PORT CAMPBELL**Cycling distance @ 77 or 105km**

We start with a magnificent ride on a coastal bike path across the dunes, and finish with a stunning cliff top ride into Port Campbell. Along the way we take a quiet back road to the attractive Childers Cove Bay.

Day 15 APOLLO BAY**Cycling distance @ 98km**

We travel through a wide variety of scenery ranging from majestic coastal rock formations to the rain forest of the Otway National Parks ranges. An undulating to hilly ride but very rewarding day.

Day 16 GREAT OCEAN ROAD TO MELBOURNE**Cycling distance @ 75km**

A spectacular ride with some of the most scenic coastal cycling in Australia. Any closer and you would be riding in the surf. There will be time to stop and explore many places of interest along the route – with possibly an opportunity to see dolphins or seals before we drive in to Melbourne.

Day 17 MELBOURNE

Tour ends after breakfast

TROPICAL QUEENSLAND 11-DAYS**From the Tablelands to the Sea**

Tropical north Queensland – where the mountains meet the sea - with its coral reefs, sandy beaches and rainforests - is an ideal destination for a variety of activities including biking hiking and snorkeling. Here is your opportunity to see the Great Barrier Reef and UNESCO listed tropical rainforests, to see waterfalls, volcanic crater lakes, endless sandy beaches and chance to learn about the indigenous culture of the Australian Aboriginal communities and of the unique wildlife including tree kangaroos, brilliantly coloured parrots and crocodiles.

Explore the contrasting regions of Cairns, Atherton Tablelands, Daintree and Cape Tribulation National Parks.

Best time of year to visit is June to September. Tour operates on demand for groups of a minimum of 6 people.

Cost: From **\$4400** per person twin share
Single Supplement: from \$1350 (if you are willing to share there will be no surcharge)

Bike Rental: On request

Includes: Three meals most days, all accommodation to a very good standard, mini-bus support, a t-shirt or road jersey, detailed maps with route profiles

Suggested itinerary:**Day 1 CAIRNS.**

Meet in Cairns at 12.00pm. Situated on the edge of the Coral Sea and surrounded by hills covered in lush rainforest, take time to explore the area include the esplanade and Trinity Inlet.

Day 2 ATHERTON**Cycling distance @ 63 or 85km**

Pedal up to the Atherton Tablelands with panoramic views of the coast and tropical islands, to Kuranda, the "village in the rainforest". Continue through gently rolling hills, transforming from open woodland dotted with termite mounds, to green fertile pastures to The Homestead, on the outskirts of Atherton.

Day 3 MILLAA MILLAA**Cycling distance @ 85km**

Passing Mount Hypipamee National Park we head south to Ravenshoe and the wind farm at Millaa Millaa to stay two nights in a luxurious rainforest treehouse.

Day 4 MILLAA MILLAA**Cycling distance @ 66km**

Be as busy or as lazy as you want to be: explore the forest on well-marked tracks or enjoy 66 km of fabulous downhill to the coast and Flying Fish Point. Spend the day on the beach and return in our support vehicle.

Day 5 YUNGABURRA**Cycling distance @ 53km**

An easy ride takes us to picturesque Yungaburra and a chance to see the strangling fig tree.

Day 6 YUNGABURRA**Rest day**

Two nights' stay allows time for some platypus spotting or trekking and swimming in nearby Crater Lakes National Park or the more daring may like to take one of "Dan's Mountain Biking" trips.

Day 7 MOSSMAN**Cycling distance @ 27 or 115km**

Look for wallabies as we ride north by cane fields, mango plantations and gum trees down to the coast and Mossman on the edge of Daintree National Park.

Day 8 CAPE TRIBULATION**Cycling distance @ 65km**

Take a morning dip in a billabong before heading for Cape Tribulation. Cross the Daintree River by ferry and pedal through tropical rainforest to our resort by the beach.

Day 9 CAPE TRIBULATION**Cycling distance @ Rest day**

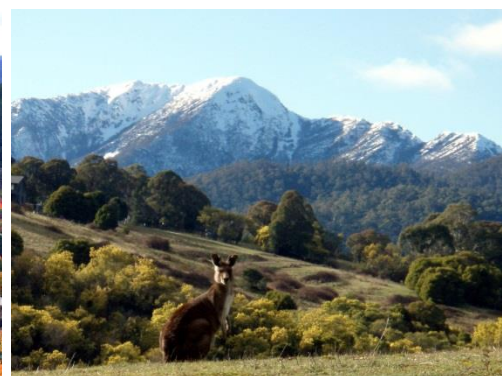
Here you can snorkel, dive, horse ride, trek, relax on the beach or cycle on the hardpacked sand to a pristine rainforest stream. There are day trips to Great Barrier Reef for some of the most exciting snorkeling and diving in the world. The reef is alive with a multicoloured extravaganza of luminescent, iridescent, polka dotted and zebra striped fish.

Day 10 PORT DOUGLAS**Cycling distance @ 84km**

Heading back down the coast past many fabulous beaches, we reach Port Douglas with its excellent selection of fine restaurants.

Day 11 CAIRNS.

We return to Cairns, stopping at one of the many beaches for a swim before finishing with a visit to the fascinating Tjapuka Aboriginal Cultural Park to gain an insight into the true spirit of indigenous Australia. Tour ends in Cairns.



Outdoor Travel offers a wide variety of active holidays including cycling, Bike & Barge cycling cruises, walking, boating, barging and sea-kayaking in many destinations in the UK, Europe, Australia or New Zealand.

Contact Outdoor Travel direct for more details, travel brochures and reservations:

- Call: Toll free 1800 331 582 or (03) 57551743
- Fax: (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au/>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia