

## GERMANY AUSTRIA SWITZERLAND – LAKE CONSTANCE CYCLING

8-days / 7-nights **self-guided** inn-to-inn cycling around the lake from Bregenz

**LEISURELY**



*“The whole experience generally exceeded our expectations and we had a great time, with good weather and wonderful scenery. The bike trails we rode on were impressive-being mostly very well maintained and wide tar sealed trails, with overall very helpful signage.”* Roger, Australia

One of the most popular cycling routes in Europe, this easy to moderate 8-day inn-to-inn cycle tour around Lake Constance is guaranteed to be a memorable holiday experience. The freshwater lake divides three German-speaking countries and it plays an important role in both tourism and travel in this part of Europe. The bike trail along its shores and through towns and villages is well used and allows some delightful cycling with beautiful vistas of waterfalls, forests and mountains. Explore pretty villages, ancient fortresses, castles and monasteries dating back centuries, market towns with cobbled streets and visit Mainau Island with its thousands of flowers.

The daily cycling distance is between 20 and 60km per day with about 90% on cycle tracks and roughly 10% on roads (local through traffic and side streets). You have a choice of hotels and route on this tour, either in 3-star hotels or in mainly 4-star hotels (one night is in a 3-star hotel). The hotels are largely decided by either their location or the cycling route. This is a circular route, starting and ending in Bregenz, Austria.

**Departs:** Daily from 29<sup>th</sup> March to 20<sup>th</sup> October, 2019

**Cost per person twin share from:**

	3-star hotels	4-star hotels	
<b>Low season</b>	\$1155	\$1420	29 <sup>th</sup> March - 18 <sup>th</sup> April, 4 <sup>th</sup> - 20 <sup>th</sup> October
<b>Regular season</b>	\$1320	\$1585	19 <sup>th</sup> April - 20 <sup>th</sup> June, 26 <sup>th</sup> August - 3 <sup>rd</sup> October
<b>High season</b>	\$1355	\$1625	21 <sup>st</sup> June - 25 <sup>th</sup> August
<b>Single supplement</b>	\$355	\$495	

**Half Board Supplement:** \$340 per person (includes dinner each night)      **E-Bike Hire:** \$160 per bike

**Includes:** 7 nights’ twin-share accommodation in comfortable 3-star or 4-star hotels with ensuite bathroom and breakfast each day (dinner is included on the Half Board option), hire of 21-gear bike (ideal for the relatively flat terrain) with a bike lock and pannier, daily luggage transfers, tour information and route map, Staad - Meersburg ferry, Mainau Island entry, emergency telephone assistance if required.

**Not included:** Meals not mentioned, drinks, other entry fees, ferries and other transport, personal expenses, city tourist taxes (approx. €1-3 per person per night). Helmets are not provided but we do highly recommend you bring or buy a bike helmet for this tour.

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**



## Suggested itinerary:

### Day 1: Arrive in Bregenz\*

Plan to arrive at your hotel in Bregenz by mid-afternoon. Collect your bicycles and tour information from our information point at Hotel Weisses Kreuz, then explore the fascinating streets of the old town.

### Day 2: Bregenz to Arbon/Horn

**Cycling distance @ 40km**

A chance for stunning views of the snow-capped Alpine peaks as you cycle along Lake Constance's southern shore before crossing the mighty Rhine River delta. Straddling the border between Austria and Switzerland this is an area of great natural beauty and a refuge for wildlife. The final stretch takes you around the lake to Arbon with its pretty half-timbered houses and 16<sup>th</sup> Century castle. Overnight in Arbon or nearby Horn.

### Day 3: Arbon to Stein am Rhein to Singen/Gaienhofen

**Cycling distance @ 60km**

Cycle along the Swiss side of the lake via Güttingen, to the town of Kreuzlingen. Then take your bike on the train to Stein am Rhein (departs every 30 minutes, cost 10€ paid locally) and take time to explore this medieval town with its 11<sup>th</sup> Century monastery, the beautiful frescoed square and tempting chocolate shops. Then cycle to Singen (or on occasion Rielasingen) on the 3-star itinerary or Gaienhofen (3-star hotel on the 4-star route).

### Day 4: Singen/Gaienhofen to Konstanz Cycling distance @ 35km from Singen or 45km from Gaienhofen

Cycle first to Radolfzell and then along the lake inlet which is known locally as 'Gnadensee', past the Klosterinsel Reichenau. For a longer ride, there is an interesting 15km island excursion you can add here. Then cycle on to your two night stay in Konstanz. On occasion the 3-star hotel is in the neighbouring town of Kreuzlingen.

### Day 5: Konstanz and Isle of Mainau

**Cycling distance @ 20km**

Today take a short bike ride to the Isle of Mainau with time to enjoy the famous "Island of Flowers" (entry included in your tour cost). You also have time to explore Konstanz on foot through its narrow alleyways or enjoy biking or strolling lakeside, before your second night there.

### Day 6: Ferry then Uhdingen to Friedrichshafen

**Cycling distance @ 35km**

Make your way to Staad and the ferry to Meersburg. Cycle to Uhdingen famous for its "Pfahlbauten" stilt houses (entrance fee paid locally). Cycle back to Meersburg with its two impressive castles, steep narrow streets and hillsides of grape vines then continue on the German side of the lake to Friedrichshafen.

### Day 7: Friedrichshafen to Langenargen to Bregenz\*

**Cycling distance @ 40km**

Depart Friedrichshafen for the pretty village of Langenargen and cycle through peaceful vineyards and cherry orchards to Lindau, a gorgeous island village surrounded by cobalt blue waters. Lots of choices for lunch here, then, keeping the lake at your side, enjoy the final ride back down to Bregenz. If time allows take the cable car up to Pfander Mountain (1050m) for a fantastic views of your entire route – a real achievement!

### Day 8: Departure day. Tour ends after breakfast in Bregenz.

*\* During the Bregenz Festival (17<sup>th</sup> July – 18<sup>th</sup> August 2019), a supplement from \$80-\$150 per person will apply, and the hotel used may be located outside Bregenz.*

**Outdoor Travel** offer Bike & Barge cycling tours or small group or self-guided inn-to-inn cycling holidays in France, Italy, Germany, Holland, Ireland, Spain, Croatia, Romania, Turkey, Vietnam, Australia and New Zealand.

## Contact Outdoor Travel for more details and reservations:

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