

CROATIA – ISLANDS OF KVARNER BAY

8-days / 7-nights moderate cycling island hopping along the Istria Peninsula

PLUS - E-BIKE OPTION

The crystal clear waters of the Northern Adriatic Sea offer many picturesque islands with dramatic cliffs, beautiful sandy beaches and small bays. All the islands are different, each with their own unique history. Spend a week discovering the landscape and people of this unique island world by bicycle, independently or with our knowledgeable tour guides on our comfortable motor yacht accommodation.

Our motor yachts get away from the tourist resorts to mostly undiscovered corners of the Adriatic. Each day after breakfast there is a cycling morning returning at midday for lunch on the boat. And in the afternoon there can be more cycling or a cruise to the next port with time for a swim or to relax. In the evening as the sun sets enjoy a beautiful dinner on board, followed by a stroll through an historic harbour town for a beer or coffee before sleeping in your cabin or on warm nights on deck under a thousand stars.....

Bike and Boat cruises combine easy to moderate cycling with island cruising, allowing partners of different abilities and interests to holiday together (trips are just as interesting for leisure cyclists OR enthusiasts). Unpack once and come 'home' each night to a comfortable cabin with your own bathroom. Trips are ideal for first timers or groups of friends. Cycling tours are moderate and require an average level of fitness. The itineraries of 20-50km can include hilly, sometimes steep terrain mostly on sealed roads, with time to rest or walk as you choose.

STANDARD cruise: **\$1860** per person (twin share lower deck cabin)

Upper deck supplement: \$190 per person twin share

Single cabin supplement: Lower deck - \$760 Upper deck - \$1140

Departs: 14th, 21st, 28th April, 5th, 12th, 19th, 26th May, 2nd, 9th, 16th, 23rd, 30th June, 7th, 14th, 21st, 28th July, 4th, 11th, 18th, 25th August, 1st, 8th, 15th, 22nd, 29th September, 6th, 13th October, 2019

PREMIUM PLUS E-BIKE cruise: **\$2695** per person (twin share lower deck cabin).

Upper deck supplement: \$285 per person twin share

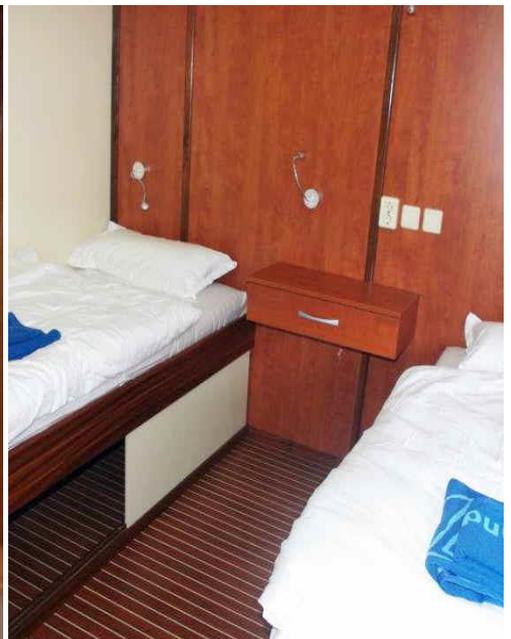
Single cabin supplement: Lower deck - \$950 Upper deck - \$1330

Departs: 14th, 21st April, 12th, 19th May, 9th, 16th, 23rd June, 7th, 14th, 21st, 28th July, 4th, 11th, 25th August, 8th, 15th September, 6th, 13th October, 2019

Tour includes: 7-nights on a motor yacht with crew, double/twin or single cabins with shower/toilet, 4 days full board (breakfast, lunch and dinner), 3 days half board (breakfast and either lunch or dinner), English-German speaking tour guide, guided cycling tours as described in the itinerary, hybrid bicycle hire (E-bike hire is included on the Plus E-Bike cruise only), entrance fees for the National Parks, cycling maps (available on board)

Not included: Personal expenses, gratuities, drinking water and port taxes (approximately €40 per person paid to captain), drinks, meals ashore, bike insurance (available if required), transfers to the ship in Omišalj (transfers possible at extra cost - ask for details). E-bikes on Standard tour - at extra cost (on request - limited availability).

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary: *Please note that the cruising and cycling will be determined by the weather and local circumstances and may be subject to change completely at the discretion of the captain and tour guide.*

The **PREMIUM PLUS E-Bike tour** has a slightly different itinerary, usually with longer cycling distances.

Under certain circumstances the tour may be conducted in reverse. We offer this as a Bike & Boat cycling tour however you can decide each day if you want cycle with the group, cycle independently, or not ride and stay with the boat. Non-cyclists please note no sightseeing provisions are made on cycling days.

Day 1 (Sunday) Omišalj to Cres

Plan to arrive by 2.00pm in Omišalj, a picturesque harbor village on the island of Krk. Our boat will depart for the island of Cres at 3.00pm. Once at Cres we have the opportunity to follow our guide on a tour through the old town with its Venetian mansions, reminders of when the island was under Venice's rule.

Day 2 (Monday) Islands of Cres and Lošinj

Cycling distance @ 25km

In the morning we cruise to Martinšćica. We cycle on to the east side of the island among pine, fig and laurel trees to Osor, an artists' town, where we have lunch aboard our ship. Afterwards there is time for a swim in the bay. In the afternoon we leave Osor, cruising to the island of Lošinj to the large harbor at Mali Lošinj, an old seafaring and health resort. We spend the night in the harbor of Mali Lošinj.

Day 3 (Tuesday) Islands of Lošinj and Molat

Cycling distance @ 20 + 10km

We cycle along the coastline of the south of Lošinj and visit the picturesque Veli Lošinj before returning to our ship for lunch. In the afternoon we cruise to the charming island of Molat for another short cycling tour, and we stay overnight in Molat's quiet harbour.

Day 4 (Wednesday) Island of Dugi Otok

Cycling distance @ 35km

During breakfast, we cruise past many small islands before reaching the 'spice island' of Dugi Otok. Our bike tour starts in the bay of Božava, which is surrounded by woods of pine, agaves and tamarisk trees; we ride on a road virtually free of any traffic. After a ride on the island's "Road in the Sky" we arrive in the peaceful harbour of Savar or Bribin where we meet our ship for lunch. This afternoon we can indulge in a refreshing swim.

Day 5 (Thursday) Island of Pag

Cycling distance @ 35km

This morning there is time to explore the island of Pag. In the harsh but delightful landscape of the island we come across many fig and olive trees. Over the centuries the island locals have built numerous stone walls for protection against the wind. Starting from Mandre, we cycle on the narrow peninsula until we reach the sea where our ship will be waiting to take us to Rab. The island of Rab is one of the sunniest places in Europe. The town of Rab, the fortified capital of the island, was built in the middle ages on a wedge shaped headland, and marks one of the highlights of our trip. The four famous bell towers are iconic symbols of the town. After dinner there is time to explore the narrow alleys with numerous cosy cafés.

Day 6 (Friday) Island of Rab

Cycling distance @ 25km

We cycle along the coast to the east side of the island, an area with virtually no vegetation; whose rough rocks and cliffs are similar to that of a lunar landscape. At lunchtime our ship awaits us in the harbour directly in front of the old town of Rab. After a swim-break we cruise over to the neighboring island of Krk, where we spend the evening in the historical town.

Day 7 (Saturday) Island of Krk

Cycling distance @ 45km

We cycle over the ridge of the island, covered by fragrant macchia, to a valley of vineyards and then onwards to the small museum town of Vrbnik in the northeast. The town, built on a 50m cliff and surrounded by vineyards, is the home of Zlahtina, a grape found exclusively here which makes a light, refreshing white wine. Vrbnik is also home to the second narrowest alley in the world. We continue on across the island through old villages and rich vegetation to Omišalj, with a chance to swim in the bay of Soline. We spend the last night in Omišalj.

Day 8 (Sunday) Omišalj - Tour ends after breakfast at 9.00am.

Outdoor Travel offers **Bike & Boat** cruises to many areas of Europe including **Croatia, Greece, Turkey** and several locations in **Italy** and in **Vietnam**. **Bike & Barge** cruises available on many of the canals and rivers of Europe including the Seine, Loire Valley, Bordeaux and Burgundy or Provence in **France**, for two-weeks between Paris and Bruges. We offer routes in **Holland, Belgium** and **Germany** along the Saar, Moselle and Rhine. **Inn-to-inn** cycling tours are offered in most destinations in Europe, **Japan**, in **China** and **New Zealand**:

Contact the experienced staff at Outdoor Travel for more details and reservations:

- ❑ Call Toll free 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- ❑ Email: info@outdoortravel.com.au
- ❑ Web: <http://www.outdoortravel.com.au>
- ❑ Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia