

ENGLAND: COAST TO COAST GUIDED WALK

16-days / 15-nights Wainwright's classic inn-to-inn trail from St Bes to Whitby

BOOK EARLY

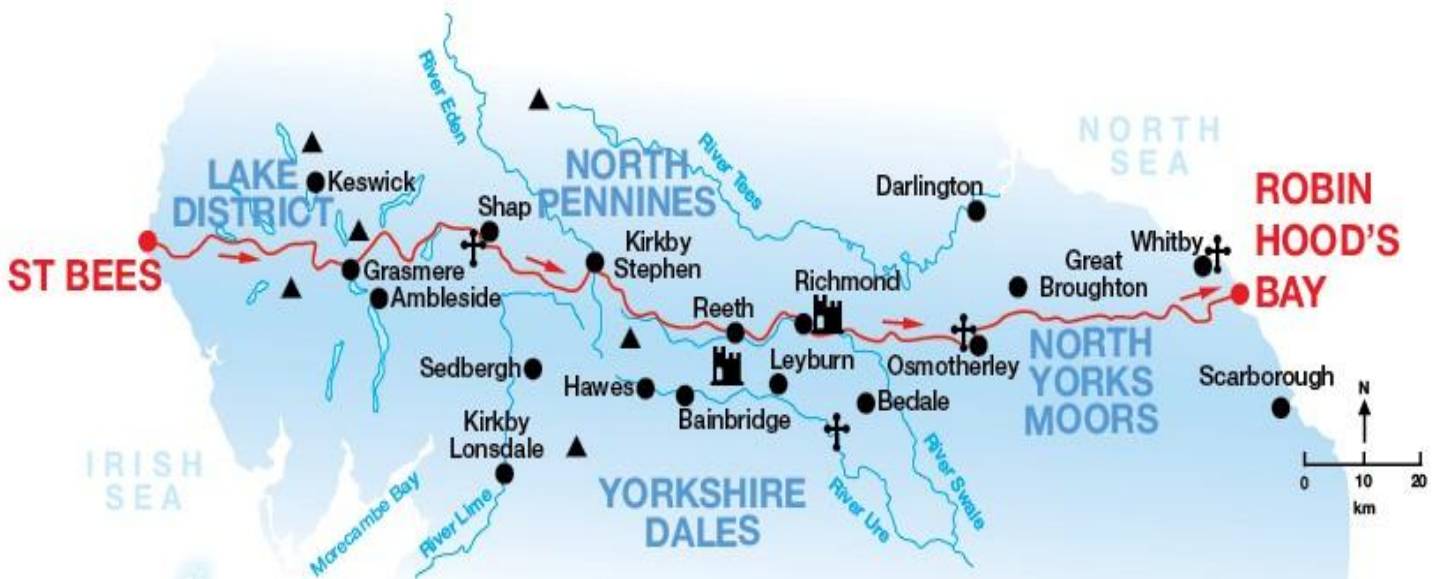


One of England's most popular long distance walking trails, made famous by author Alfred Wainwright. We offer a 16-day route that crosses the entire breadth of northern England from the Irish Sea at St Bees in Cumbria to the North Sea at Robin Hood's Bay in North Yorkshire. This is a challenging walk with some tough steep ascents and long hard walking days. It crosses three significant National Parks – Lake District, Yorkshire Dales and North York Moors – walking through some dramatic rural scenery including heather-clad hills, limestone valleys and peaks. The walk distance is 308km with stages of 14 – 28km per day (one of 34km) and with up to 720m of ascent. Graded as **strenuous**.

Departs: 3rd May; 14th June; 12th July; 16th August; 13th September, 2019

Cost from: \$4545 per person twin share.

Includes: 15 nights' twin-share accommodation in comfortable hotels, guesthouses and country houses, guide services, all meals (full board), luggage transfers and local transport as shown.



Highlights include:

- Walk in three of Britain's most beautiful National Parks
- Visit William Wordsworth's village of Grasmere
- See stunning Lakeland scenery with far-reaching panoramas of Britain's largest lakes and highest fells
- Admire Richmond Castle, dating back to Norman times
- Walk in a wide variety of landscapes: coastline, forests and woodland, lush green valleys, rolling moors

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary: *may be subject to change at the discretion of the guide due to weather or other factors*

Day 1: Arrive at St Bees.

Plan to arrive mid-afternoon. We often stay at a friendly guesthouse in Ennerdale Bridge on this night. A group transfer at set time from St Bees railway station is included in the tour cost (ask for details when booking). Your group leader will give an introductory talk about the walking program this evening after dinner.

Day 2: St Bees to Ennerdale Bridge **Walking distance @ 14 miles (23km), ascent 2,300ft (690m)**

After a ceremonial toe dipping in the Irish Sea, we head towards the Lakes. Our first hill of the journey, Dent (1,131 feet), affords magnificent views over Windermere with the Lake District's mountains in the distance.

Day 3: Ennerdale Bridge to Seatoller **Walking distance @ 13 miles (21km), ascent 1,650ft (495m)**

Along Ennerdale's shores to an amphitheatre of spectacular mountain scenery including the craggy north face of Pillar and the summit of Great Gable. Following 'Moses's Trod', an old packhorse trail, to the top of Honister Pass, we're greeted by beautiful views of Buttermere. From the old toll road, we descend to Seatoller.

Day 4: Seatoller to Grasmere **Walking distance @ 9 miles (15km), ascent 1,700ft (510m)**

Leaving Borrowdale via the delightful hamlet of Stonethwaite, our ascent takes us to Greenup Edge, where two possible routes are available (weather dependent). You can choose either the route via the shelter of Easdale Gill, or along Helm Crag to Wordsworth's village of Grasmere.

Day 5: Grasmere to Patterdale **Walking distance @ 9 miles (14km), ascent 1,650ft (495m)**

There are two different routes dependent on the weather and track conditions, either the low level route via Grisedale or a higher-level walk via St Sunday Crag. The low level route is a pleasant walk with scenery becoming grander by the minute with St Sunday Crag, Fairfield, the Helvellyn massif, Nethermost and Dollywagon Pike towering above us. The high level route traverses St Sunday Crag (2,765ft) for excellent views down to Ullswater and Patterdale. Both routes have a steep descent to Patterdale.

Day 6: Patterdale to Shap **Walking distance @ 16 miles (26km), ascent 2,400ft (720m)**

Leaving Patterdale we climb to Angle Tarn and the Roman road of High Street before ascending Kidsty Pike, the highest point on the entire walk (2,650ft). Excellent views from the summit before our descent to Haweswater, following its shores to Burnbanks, where we leave the Lake District National Park behind us, and past the ruins of Shap Abbey, to Shap.

Day 7: Shap to Kirkby Stephen **Walking distance @ 21 miles (34km), ascent 2,000ft (600m)**

A change in landscape: gentler hills and limestone plateaux as we continue east. Passing Sunbiggin Tarn nature reserve, we continue over Ravenstonedale Moor, to one of the earliest Neolithic burial mounds in Cumbria, and on to the market town of Kirkby Stephen.

Day 8: Kirkby Stephen to Keld **Walking distance @ 12 miles (19km), ascent 1,900ft (580m)**

The summit of Nine Standards Rigg affords extensive views over the Pennines, Lakeland and the Howgills. The eponymous Nine Standards cairns at the summit may mark the watershed of the Pennines or perhaps an ancient border. From here our walk descends through peaty moors to cross into Swaledale and down to Keld.

Day 9: Keld to Reeth **Walking distance @ 11 miles (18km), ascent 1,800ft (540m)**

Lovely Swaledale scenery beckons. Following field paths alongside the banks of the River Swale our walk meets the Pennine Way before traversing the moors past Old Swinner Gill Mines, its 'hushes' and ravines, en-route to the attractive village of Reeth, where houses cluster round the expansive village green.

Day 10: Reeth to Richmond **Walking distance @ 11 miles (18km), ascent 1,100ft (330m)**

Continuing along the river we reach 12th Century Marrick Priory. Climbing now, to Marske, walking below Whitcliffe Scar, we reach historic Richmond. Dominated by its dramatic Norman castle, Richmond is a town of narrow cobbled streets and picturesque corners.

Day 11: Richmond to Danby Wiske **Walking distance @ 14 miles (23km), ascent 350ft (105m)**

Crossing from Swaledale to the Cleveland Hills is leisurely walking, entirely over low ground. The fertile agricultural land of the Vale of Mowbray is only just above sea level. The walk finishes today at Danby Wiske, at 110 feet the lowest point on the entire Coast to Coast walk. The village church at Danby Wiske is heritage listed and parts of the building date back to Norman times.

Day 12: Danby Wiske to Carlton Bank **Walking distance @ 17 miles (27km), ascent 2,200ft (660m)**

Following field paths, farm roads and quiet country lanes over undulating terrain, our walk begins its crossing of the North York Moors, passing Mount Grace Priory for a splendid high-level traverse along the Cleveland Hills. We descend to the valley of Scugdale, then climb again towards the open expanse of Carlton Moor.

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Day 13: Carlton Bank to Blakey**Walking distance @ 13 miles (21km), ascent 1,950ft (585m)**

A dramatic walk to Clay Bank Top, Carr Ridge and Round Hill, the highest point of the Cleveland Hills at 1,489 feet. After Urra Moor our trail coincides with the Lyke Wake Walk, before following the old ironstone railway to the 16th Century Lion Inn, at Blakey Ridge.

Day 14: Blakey to Grosmont**Walking distance @ 14 miles (23km), ascent 700ft (210m)**

Crossing the head of Rosedale, we see scars from the 19th Century ironstone workings. Over Danby Moor to Great Fryup, we pass numerous Bronze Age barrows and burial mounds. Descending to Glaisdale, the wooded valley leads to Grosmont, final destination for the steam trains of the North Yorkshire Moors Railway.

Day 15: Grosmont to Robin Hood's Bay**Walking distance @ 16 miles (25km), ascent 1,800ft (540m)**

We ascend to Sleights Moor and Flat Howe, from where we have views of the North Sea, Whitby and its Abbey. Dropping back down into the valley we pass through the pretty hamlets of Little Beck and Hawkser, before the invigorating coastal scenery of the Cleveland Way, and our final footsteps to Robin Hood's Bay.

Day 16: Departure day

Tour ends after breakfast in Whitby. There is a railway station in Whitby with connections to Middlesbrough, or you may find your journey is more convenient from Scarborough station (20 miles from Whitby).

Luggage transport is included in your holiday price. Please limit your luggage to one medium sized bag, rucksack or suitcase, 15-20kg.

Accommodation: Stay in characterful, comfortable hotels, inns and guesthouses on or near to the trail, including 4 nights at our country house in Whitby which is well-equipped for walkers with boot and drying rooms. Meals include a full cooked breakfast every morning, picnic lunch, and a two or three-course dinner in the evening. WiFi and mobile phone coverage may be limited. Single rooms are generally not available on this holiday – if you are travelling on your own you will be allocated a room-sharing partner of the same gender.

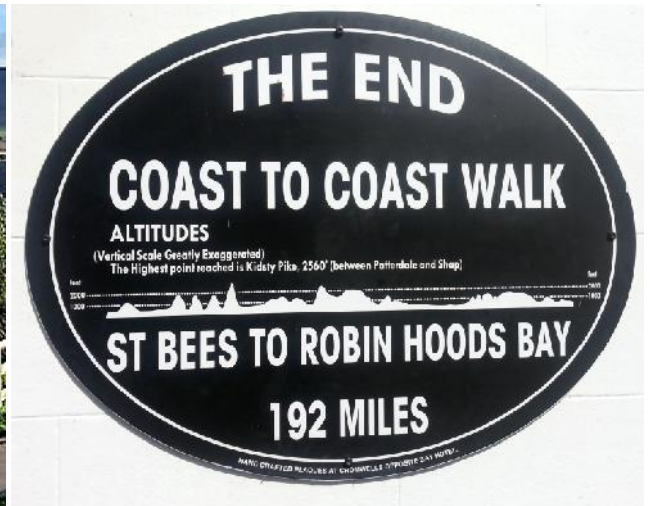


Outdoor Travel offers many guided or self-guided inn-to-inn or centre-based/one-hotel walking holidays in England and Scotland – from the **Yorkshire Moors** and **Lake District** to the **Cornish Coastal Path** or the **West Highland Way**, the **Ring of Kerry** in Ireland, the **Brecon Beacons** or **Snowdonia** in Wales and all across Europe. We also offer historic inn-to-inn walking trails such as the **Camino de Santiago** (Way of St James) in France and Spain or the **Via Francigena**, the pilgrims' Road to Rome in Italy.

A **SELF-GUIDED** walk on **Wainwright's Coast to Coast** route is also available – ask for details.

Contact OUTDOOR TRAVEL for more details and reservations:

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