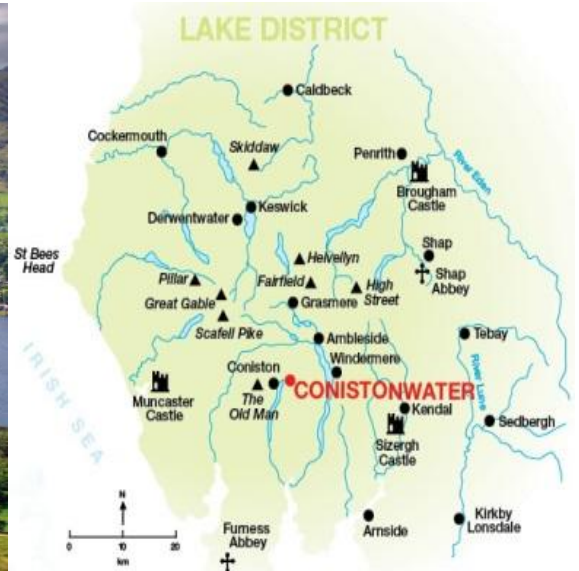




ENGLAND – CONISTONWATER IN THE LAKE DISTRICT

8-day / 7-night one-hotel guided walking tour based in one of England's most beautiful National Parks



Conistonwater is an ideal location to explore the Lake District National Park where, for generations, the outstanding scenery of the Lake District has attracted walkers to discover this magical landscape of rare natural beauty. Ramble along stunning lakeside paths, climb famous hills and fells, unwind in the tranquil wooded valleys, see high waterfalls and open moorlands. Perhaps you too will be inspired by mountain tarns and lakes to write poetry and paint landscapes, as so many poets, artists and writers have been inspired before you.

Whatever your interests and walking experience, the Southern Lake District offers something for everyone: Ascend the mountain summits of the Old Man of Coniston, Bowfell and the Langdale Pikes; meander past lakes and tarns and visit the Lakeland stone villages of Grasmere and Hawkshead; discover the area's literary connections with William Wordsworth, Arthur Ransome, John Ruskin and Beatrix Potter; walk past the abandoned copper mines and slate quarries, evidence of Lakeland's industrial past, which are now beginning to blend in with the landscape. You can ride on the scenic narrow-gauge Ravenglass and Eskdale railway, or cruise down Coniston Water on a steam yacht.

A typical Classic Walking day offers you a choice of up to three guided walks of varying length and ascent. Each night your walk leaders will brief you on the following day's walks – the routes are at the complete discretion of the leaders. You choose the walk that suits your fitness level and interests. At this centre, we offer two different weekly itineraries – ideal for a 14-night holiday or a second visit.

Cost from: **\$1750** per person twin share Single room supplement on request

Departs: 1st, 8th March; 8th April; 11th, 25th May; 8th, 15th, 22nd, 29th June; 13th, 20th July;
3rd, 17th, 24th, 31st August; 7th, 27th September; 18th, 25th October; 1st, 8th, 15th November, 2019

Includes: 7 nights in comfortable hotel room with ensuite bathrooms, full board (breakfast, picnic lunch each walking day and dinner) experienced walks leader, 5 guided walks, transport associated with the walks.

Not Included: Transport to/from the house, drinks and any personal expenses

Accommodation: You stay at **Monk Coniston**, a romantic Gothic-style country house, complete with minstrels' gallery and ornate public rooms, on the shores of Conistonwater. The house is surrounded by a large garden with glorious views down to the lake, and boasts a putting green and croquet lawn. Monk Coniston has 34 bedrooms, located in the main house and adjoining cottages. Premium rooms may be available for a surcharge, please ask when booking. There is a comfortable lounge, dining room with lake views, bar and library.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



A typical 'Classic Walking Week' suggested itinerary:

- Day 1** Arrival day – plan to arrive at Monk Coniston mid-afternoon. Check with us for local transport or taxi transfer options from / to nearby Windermere. Meals begin with dinner on the first night.
- Days 2 – 4** A choice of full-day walking options each day.
- Day 5** Free day – relax at the country house, walk independently, or explore the local area – perhaps take a steam-powered yacht on Coniston Water or ride the Ravenglass and Eskdale Railway.
- Days 6 – 7** A choice of full-day walking options each day.
- Day 8** Departure day. Tour arrangements end after breakfast.

Some possible walks may include:

Easier Walks: Walk in the footsteps of Beatrix Potter on a pleasant ramble through the woods to Tarn Hows. Discover the delightful scenery surrounding Grasmere and Rydal, and pass by William Wordsworth's former home at Rydal Mount. Walk the peaceful valley of Little Langdale, with its waterfalls and pass Blea Tarn which offers impressive views of some of the Lake District's famous peaks, and end in neighbouring Great Langdale.

Medium Walks: We walk the superb tracks of the Lake District's lower fells which offer breathtaking views. Gaze down upon the huge glacial valley of Great Langdale from the top of Crinkle Crag, or admire the serene setting of Grasmere from Helm Crag. Langdale Pikes and Coniston Fells offer a wealth of excellent walks.

Harder Walks: Walks on offer may include the high fells of the Lake District – the Old Man of Coniston, Swirl How and Wetherlam all in easy reach of Monk Coniston. The Fairfield Horseshoe is a classic Lake District walk, climbing eight different fells on a challenging and rewarding day of high level walking. Other walks include the Langdale Pikes and the Far Eastern Fells.

Footpath Information:



Easier Walks: Up to 7 miles (12km) on generally well-graded valley, fell and lakeside paths. Fairly easy gradients but sometimes rough underfoot. With up to 1350 feet (420m) of ascent in a day.



Medium Walks: Up to 9½ miles (15.5km) on good, sometimes rocky paths to lower summits and moorland fells. Moderate gradients, steep sections. With up to 2800 feet (860m) of ascent in a day.



Harder Walks: Up to 11½ miles (19km) using steep and rough paths to mountain summits. With up to 3600 feet (1100m) of ascent in a day.

Outdoor Travel offers walking holidays – guided in small groups or self-guided with inn-to-inn luggage transfers and meals – in many parts of the United Kingdom, Ireland and across Europe, including Wainwright's challenging **Coast-to-Coast** trail, the Cotswolds, the spectacular coast of Cornwall, the Yorkshire Dales, the **West Highland Way** in Scotland or **Snowdonia** in Wales or the **Ring of Kerry** in Ireland. In France see the Dordogne, Alps, Provence or Riviera Coast, walks too in Austria, Spain or Italy. Walk the **Way of St James** from Le Puy in France to Santiago de Compostela in Spain or the **Via Francigena** – the pilgrims' Road to Rome.

Contact Outdoor Travel for details and reservations:

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