

GERMANY – BAVARIA & THE TEGERNSEE LAKE DISTRICT

8-days / 7-nights based at Bad Wiessee one-hotel GUIDED walking holiday



This is Bavaria's 'Lake District', an area mostly undiscovered by English-speaking visitors, although it is a popular outdoor holiday destination for Germans. Our walking base is in the lakeside spa and health resort town of Bad Wiessee, in the foothills of the European Alps, close to the border with Austria. Here on the shores of this tranquil lake there are remarkable mountain views and endless walking opportunities, with refreshments at Gasthofs, beer halls and mountain huts. We walk the ridges and peaks around the traditional Bavarian village of Spitzingsee, visit the dairy at Pförn to taste local cheeses, and take the Wallberg cable car with options to relax at the top station or ascend to the summit of Wallberg. We have lunch in a typical Bavarian beer hall and have the opportunity to try Kaiser Schmarren (sweet pancakes) in a mountain refuge. On your free day you may like to visit Munich or take a dip in the spa's iodine-rich sulphur springs.

Cost from: **\$2340** per person (twin share) Single room supplement from \$220

Departs: 4th, 11th, 18th, 25th May; 1st, 8th, 15th June; 24th, 31st August; 7th, 14th, 21st September

Tour includes: 7 nights' in comfortable 4-star hotel room with ensuite bathrooms, 7 breakfasts, 7 evening meals, local transport to/from the walks, experienced walks leader offering a choice of two levels of guided walks on 5 days.

Not Included: Meals and drinks not mentioned in the itinerary, personal expenses, transport and/or excursions on your free day. Transfers from Munich Airport at set times can be pre-booked at extra cost.

Accommodation: **Hotel Terrassenhof** is a 4-star hotel occupying a lakeside position in a quiet part of Bad Wiessee. The hotel has 72 well-appointed ensuite rooms with balcony or terrace, many of which offer superb lake views. There is a small conservatory bar and guests can make use of the indoor swimming pool, gym and spa facilities. The hotel has a popular restaurant with lake views and its own bakery, known for its delicious cherry and apricot streusel cakes.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Footpath and walking information



Easier Walks: 7 to 11km generally on good paths, with some steeper sections. With up to 450m of ascent in a day.

Harder Walks: 10 to 15km on good paths, with some steep and rough ascents. With up to 640m of ascent in a day.

Suggested itinerary:

Day 1: Arrive in Tegernsee. Plan to arrive at the hotel around mid-afternoon – ask about airport transfers from Munich (at extra cost). On the first evening after dinner your leaders will explain more about the walks and there will be time to ask questions and to meet with your fellow guests.

Day 2: Bauer in der Au and Auer Alm

We ascend to Bauer in der Au and rest in the large Alm (area of meadow below the mountain), before descending through pleasant forest to a viewpoint with far-reaching views of Tegernsee. We continue down and along the lakeside to our hotel.

Day 3: Tegernsee

A short scenic ferry ride takes us to Rottach-Egern at the southern end of the lake. From here there is a choice of routes. You can take a high balcony path that contours the lake with panoramic views, then drop into the town of Tegernsee for lunch and visit the ancient monastery which now is a welcoming colourful beer hall offering delicious Bavarian specialties. After lunch we continue on our path known as the sunny side of the lake. Alternatively from Rottach-Egern you can ascend through the forest to a quaint chapel at Riederstein, perched on the hill, then on to the highest point of the day, Baumgartenschneid. From here the views in clear weather are not only of the waters of Lake Tegernsee but also of the mountains and beyond into Munich.

Day 4: Wallberg

We ride the Wallberg cable car to the lofty height of 1,624 metres where, weather permitting, we may see paragliders take flight. After visiting the mountaintop chapel and taking in the spectacular views along the ridge top we descend through the trees and along the river to the town of Kreuth.

Day 5: Free day

On your free day, you may want to take an excursion to Munich, the capital of Bavaria, to enjoy its fine architecture, museums and vibrant atmosphere. Alternatively, you could explore any of Tegernsee's five towns or make use of the hotel's pool and spa facilities. It is also possible to visit the nearby former trading town of Bad Tölz which has a well preserved old quarter and interesting museum.

Day 6: Spitzingsee

On a short scenic ride passing Schliersee we ascend to the small village of Spitzingsee. Here we take the Taubenstein cable car high above the tree line stepping out to a splendid 360° view of the surrounding mountains. We walk along the ridge line up to the wonderfully positioned mountain hut at Rotwand. From here we descend through the forest and pass an impressive gorge on our way back to Spitzingsee.

Day 7: Kreuth

We visit the historic Wildbad Kreuth which is famous for its spring, originally discovered in the 14th Century, but later transformed by King Max Joseph of Bavaria in the 18th Century, putting Tegernsee on the map as a tourist destination. We also have the opportunity to visit the cheese dairy at Pförrn.

Day 8: Departure day. Tour ends after breakfast. Ask about departure transfer to Munich Airport.

Experienced walk leaders offer the choice of two different walks each day - choose the option which best suits your interests and fitness. Please note that the itinerary outlined is provisional and could be subject to change. The final choice of walking routes is determined by the walk leaders.

Outdoor Travel offers one-hotel or centre-based guided walks in most of Europe including **France, Spain, Italy, Germany, Switzerland, Austria, Turkey, Croatia, Greece, Slovakia, Slovenia** or **Norway**. Guided centre-based walks are also available in many areas of the **United Kingdom**. Self-guided walks are offered along the **Camino de Santiago** in France and Spain or Portugal and in Italy the **Via Francigena** to Rome.

Contact Outdoor Travel for more details and reservations:

- Call Toll free 1800 331 582 or (03) 57551743, or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations