

ITALY – SORRENTO & THE AMALFI COAST

8-day / 7-night centre-based – one-hotel group guided walking tours

EARLY BOOKING ESSENTIAL



This is undoubtedly one of our most frequently requested walking destinations. A place where you can enjoy great coastal walking and visits to world-famous historic sights on a combined easy **Walking and Sightseeing** holiday on Italy's Sorrento Peninsula. This is an area famous for its incomparable beauty and gentle climate.

- Excellent walks and stunning coastal scenery
- World-famous sightseeing at Pompeii and Herculaneum
- Visit the glamorous towns of the Amalfi Coast
- Explore the enchanting island of Capri on your free day

Our guided walks follow the coastal path to colourful fishing villages such as **Positano and Amalfi** and inland paths through woodland, vineyards and lemon groves. The remarkably well-preserved buried cities of **Pompeii and Herculaneum** are just a short train journey away and offer a fascinating insight into Roman life. Sorrento is a popular coastal resort with many shops and amenities. Excellent transport links make this an ideal base to explore the whole peninsula.

Cost from: \$2450 per person (twin share) Double room for single use supplement \$665

Departs: 6th, 13th, 20th, 27th April; 4th, 11th, 18th May; 1st June; 7th, 14th, 21st, 28th September; 5th October

Tour includes: 7 nights in comfortable hotel room with ensuite bathrooms, 7 breakfasts, 7 evening meals, experienced walk leader with a choice of two levels of guided walks on 5 days, transport to/from the walks.

Not Included: Airport transfers (transfers from/to Naples airport at set times can be pre-booked at extra cost – we recommend you take these – please ask for details when booking), meals and drinks not mentioned, personal expenses, transport and/or activities on your free day.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Accommodation: Carlo Liccarde and his friendly staff will make you very welcome at the 4-star **Hotel Caravel**, located in the pleasant residential district of Sant'Agello, five minutes' walk from the coast. There are 92-bedrooms with en-suite bathrooms, and many rooms have a balcony. Facilities include an open plan lounge, bar and restaurant, an outdoor swimming pool, pleasant gardens and a terrace.



Our centre-based or one-hotel walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option. There is a free day midweek for you to relax or explore independently.

Suggested itinerary:

Day 1: Arrive at the hotel mid-afternoon for a briefing and dinner

Day 2: From the village of Massa Lubrense we walk through groves of lemons and olives to the coast at Punta del Capo and the Roman baths on the headland overlooking Sorrento.

Day 3: Take a full day excursion to Vesuvius and the remarkable buried city of Herculaneum.

Day 4: Follow a superb high-level path above the coast before descending to the chic resort of Positano.

Day 5: Free day - perhaps take the train to Pompeii or Naples, or visit the beautiful Isle of Capri.

Day 6: We explore the mountain villages above Vico Equense, with splendid views over the Amalfi coast.

Day 7: We walk from the village of Termini, at the peninsula's tip, to Monte St Constanzo with its tiny chapel.

Day 8: Tour ends after breakfast

The program above should give you a feel for the walks at this resort but is subject to change. Further information will be sent to you prior to your holiday; however, the final selection of walks during each week will be made by your walking leaders. There are two different walking & sightseeing itineraries on alternate weeks, making this an ideal location for a 2-week walking holiday.

The cost of local transport to/from the walks is included however please allow approximately €25 per person for sightseeing during the tour, not including your free day.

Footpath information



Easier Walks: 5 to 12km on good, but sometimes steep, paths, with up to 300m of ascent.



Harder Walks: 7 to 13km with some long steep ascents and descents, sometimes on stone steps. Up to 550m of ascent.

Outdoor Travel offers similar centre-based walking holidays in many other areas of Italy including the Cinque Terre, Piedmont, the Dolomites, Puglia and Tuscany. Self-guided inn-to-inn or guided walks are also offered in most countries of Europe and the UK including the **Camino de Santiago**, the Way of St James in France and Spain or the **Via Francigena**, the *pilgrim's road to Rome* from the Alps to the Vatican in Italy.

Contact Outdoor Travel for more details and reservations:

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