

## PORTUGAL – LUZ & WESTERN ALGARVE

8-day / 7-night centre-based group GUIDED National Park & coastal walks in the south of Portugal



Portugal's premier holiday destination is the Algarve and this walking holiday takes you away from the beach crowds and focusses on the spectacular National Parks. Explore the wild Atlantic coast with dramatic cliffs and the most westerly point, Cape St Vincent. From the town of Luz, walk well-made paths through a wide variety of landscapes from green hills full of eucalypts and colourful wild flowers, well renowned for their bird life, to the many historical towns in this region. Discover the nearby town of Lagos with its colourful tiled buildings, old town wall and fishing port and also Silves with its imposing hill fort and old Roman bridge over the tidal river Arade. Savour the fabulous local food and immerse yourself in Portuguese culture as you meander the cobbled streets of the old towns.

Our one-hotel walking holidays offer a choice of two guided walks each day – usually an easier walk or a more challenging option – you decide which one best suits your interests and fitness levels. There is also a free day midweek for you to explore or relax and an excursion may be arranged to local places of interest.

**Cost from:** \$1895 per person (twin share)      Single room supplement from \$405

**Departures:** 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> February, 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> March, 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> April, 21<sup>st</sup>, 28<sup>th</sup> September, 5<sup>th</sup>, 12<sup>th</sup> October, 2019

**Includes:** 7 nights in comfortable hotel room with ensuite bathrooms, 7 breakfasts, 7 evening meals, experienced walks leader, 5 guided walks, local transport to and from the walks.

**Not Included:** Meals and drinks not mentioned, personal expenses, transport / excursions on the free day. Airport transfers from Faro can be pre-booked at extra cost and we recommend you take these – ask for details.

**Accommodation:** **Hotel Belavista da Luz** - A 4-star hotel which enjoys an elevated position overlooking the coastal resort of Luz. The hotel is shaped like a horseshoe surrounding colourful gardens and the two outdoor swimming pools. There are 39 spacious, air-conditioned ensuite rooms with a balcony or terrace.



**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**

**Suggested itinerary:** *The itinerary each day is determined by the walk leaders and could be subject to change.*

**Day 1: Arrival day** – Plan to arrive at the hotel by mid-afternoon. Your guides will meet with you and your fellow walkers after dinner tonight to discuss the walking routes planned for this week.

**Day 2 - Day 4: A choice of walks is offered each day.** Our walks from Luz help discover the incredible variety this compact area has to offer from beautifully varied coastline rich in birdlife, striking cliffs, beaches and boardwalks to the green, rolling hills inland around Monchique and Foia (the highest point in the Algarve), offering a great contrast to the more familiar sights of the region.

**Day 5: Free Day** – No walks are organised. You may like to take an excursion to visit Lagos by local bus and walk the town trail or take a boat trip from Luz or Lagos. Perhaps enjoy a leisurely day and just laze by the pool at the hotel. There are a number of local shops within a short walking distance of the hotel where you can obtain the basic necessities, ingredients for a packed lunch and plenty of gift shopping.

**Day 6 - Day 7: A choice of walks is offered each day.**

**Day 8: Departure day** – Tour ends after breakfast.

**Please Note:** This suggested itinerary should give you a good feel for the walks on this tour, but is subject to change. Further information will be sent to you prior to your holiday; however, the final selection of walks during each week will be made by your walking leaders.

### Footpath information

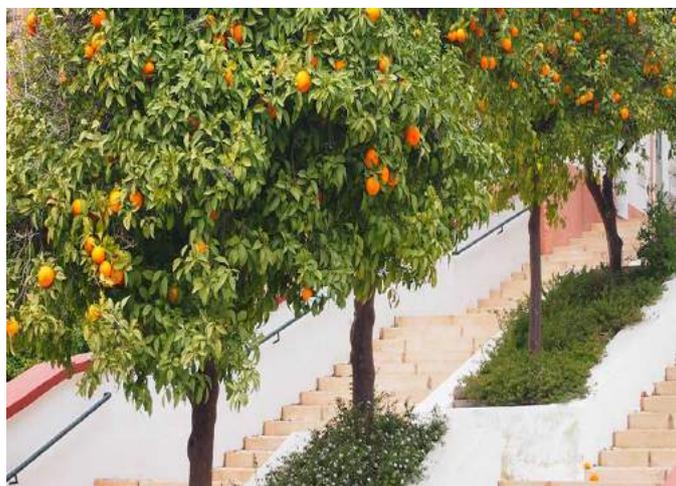


**Easier Walks:** From 7 to 12 km on gently undulating paths. Up to 215m of ascent in a day.

**Harder Walks:** From 10 to 18 km over undulating terrain with occasional short but steep ascents. Up to 310m of ascent in a day.

**Two Week holiday in the Algarve from \$3445 per person (twin share):** The walking week at Luz is the perfect complement to our guided walking week in the **Eastern Algarve** at Tavira in Portugal. Two week holidays are offered - inclusive of transfers between the two centres on the end/start day – with a saving on the tour cost.

Places on these popular fortnights are limited so contact us soon to secure your place on this holiday.



**Outdoor Travel** offers similar centre-based guided walking holidays in France or Italy including **Provence, the Alps, the French Riviera, in the beautiful Cinque Terre, Umbria, Dolomites, or on the Amalfi Coast.** Other European destinations include **Croatia, Turkey, and Ireland.** Similar walks are also available in many areas of England and Scotland including Wainwright's challenging **Coast-to-Coast** walk, the scenic and wild **West Highland Way** or the **South Downs Way.**

Self-guided inn-to-inn walks are also available in many areas of Europe including the **Camino de Santiago, the Way of St James, from Le Puy in France to Santiago de Compostela in Spain and the Via Francigena, the pilgrim's road to Rome in Italy.**

**Contact Outdoor Travel for more details and reservations:**

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