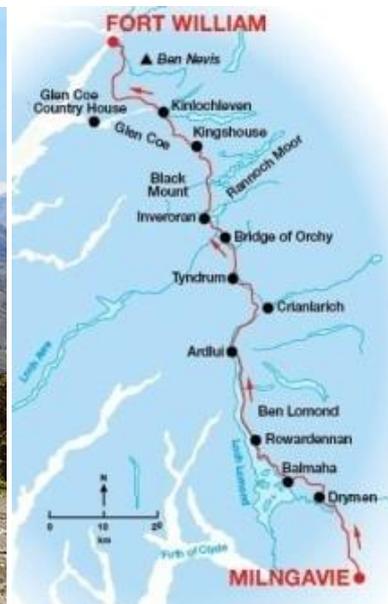


SCOTLAND – THE WEST HIGHLAND WAY

10-day / 9-night MODERATE TO CHALLENGING guided trail walk through majestic Highland scenery



The remote and spectacular **West Highland Way** walking route through the Highlands of Scotland is one of Britain's most popular trail holidays, winding from Milngavie on the outskirts of Glasgow to majestic Ben Nevis, the highest mountain in Britain. With wild and dramatic landscapes: there are heather strewn glens, jagged ridges, rocky outcrops and post-glacial features to explore. Discover Loch Lomond or the wilderness of Rannoch Moor. Glen Coe, site of the massacre of the MacDonalids by the English; learn of Scotland's notorious outlaw, Rob Roy McGregor; walk the old military road and 'Devil's Staircase', built after the Jacobite uprising of 1745. See, mountain ridges and wooded glens; go scrambling besides fast flowing salmon streams and perhaps see herds of Red deer and the rare Golden eagle.

Cost from: \$2840 per person twin share Single room supplement from \$200 (limited availability)

Departs: 13th May; 17th June; 15th July; 12th August; 2nd, 30th September, 2019

Includes: 9 nights in comfortable hotel rooms with ensuite bathroom, full board, experienced walks leader, transport and luggage transfers on walking days.

Accommodation: At comfortable hotels and guesthouses on or near the route, selected for their character, quality, warm welcome and friendly service. For the last 4 nights we stay at Alltshellach House, a fine Scottish residence, formerly a bishop's house, at the edge of North Ballachulish village, it stands amid lawns and wooded grounds sweeping down to the shores of Loch Leven.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Footpath and walking information:



Moderate to challenging. 96 miles (@ 154 kilometres) in total, with 9 to 15 miles (@ 15 to 25 km) per day (6 - 7 hours of walking), with a maximum daily ascent of 1600 feet (480m). Conditions underfoot can be rough, muddy or boggy in places. Scottish weather especially in mountainous areas is unpredictable, so be prepared for a wide range of weather conditions.

Suggested itinerary: *subject to change at the discretion of the guide due to weather or other external factors*

Day 1: Arrive Glasgow

Our usual hotel is located near Glasgow Central Station. Glasgow is well connected by rail to Edinburgh and London and by air to many cities. Over a convivial dinner meet your fellow walkers and your walks leader. After dinner your leader will give an introductory talk about the walk and what to expect over the coming days.

Day 2: Milngavie to Drymen

walking @ 13 miles (21km), ascent 450 feet (135m)

We walk through gently undulating countryside, passing the Dumgoyach Standing Stones, probably dating from the Bronze Age, and the Glengoyne Distillery en route.

Day 3: Drymen to Rowardennan

walking @ 15 miles (24km), ascent 1,500feet (350m)

Following forest tracks, paths and minor roads through gently rolling countryside, our route rewards us with stunning views of the surrounding hills, including Ben Lomond to the north, before skirting the shores of Loch Lomond on woodland paths to Rowardennan.

Day 4: Rowardennan to Ardlui

walking 12 miles (19km), ascent 1,460 feet (440m)

A beautiful although challenging walk continuing along the banks of Loch Lomond before winding through countryside associated with the notorious outlaw Rob Roy MacGregor. The walk passes close by 'Rob Roy's Prison' and 'Rob Roy's Cave'. At the northeast shore we hail a ferry to take us across the loch, to Ardlui.

Day 5: Ardlui to Tyndrum

walking 15 miles (23km), ascent 1,550 feet (465m)

We begin with the ferry across the Loch to rejoin the West Highland Way. A gentle ascent up Glen Falloch takes us past the Falls of Falloch, and on to follow our route along General Wade's 18th Century military road, resting for the evening at the small but busy village of Tyndrum, a former lead-mining centre.

Day 6: Tyndrum to Inveroran

walking 9 miles (15km), ascent 975 feet (295m)

Continuing along the military road we head over the pass to be greeted by views of magnificent Beinn Dorain. Descending to the valley floor, we enjoy easy walking to Bridge of Orchy. A short ascent through forestry takes into the open for superb views of the Glen Coe mountains to the north, before we drop to Inveroran.

Day 7: Inveroran to Kingshouse

walking 10 miles (16km), ascent 1,000 feet (300m)

The wild, open expanse of Rannoch Moor awaits, with scenery of heather, rocks and lochans. In good weather there are magnificent views of the Glen Coe mountains to the north. We walk through this lonely landscape, encircled by mountains, until we reach Kingshouse, reputed to be Scotland's oldest licensed inn.

Day 8: Kingshouse to Kinlochleven

walking 9 miles (15km), ascent 1,090 feet (330m)

Magnificent scenery to admire, with the imposing picture postcard mountain of Buachaille Etive Mor (the Great Shepherd of Etive) in view as we climb the "Devil's Staircase". From the Staircase summit, the highest point of the West Highland Way, we have excellent views of the Mamore Hills to the north, as well as hills to the south and east. Road walking now on our descent to Kinlochleven.

Day 9: Kinlochleven to Fort William

walking 16 miles (26km), ascent 1,600 feet (480m)

A steep but short climb out of Kinlochleven takes us on to Lairigmor. With magnificent mountains either side our walk makes a final ascent through forestry, to the hillside above Glen Nevis, for spectacular views of "The Ben", Britain's highest mountain. Continuing down the glen, we end our walk in Fort William.

Day 10: Departure day. Tour ends after breakfast at Alltshellach Country House near to Glen Coe.

Outdoor Travel offers a wide range of inn-to-inn guided or self-guided walking trails in most destinations in Britain and across Europe. Walks include the **Coast to Coast** or **Wainwright's Way** in England, the **Via Francigena** pilgrims' Road to Rome in Italy and the **Way of St James** or Camino de Santiago route in France, Spain and Portugal. Centre-based one-hotel guided walks are available in most areas of the UK and Europe.

Contact OUTDOOR TRAVEL for more details and reservations:

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