

SLOVENIA – THE JULIAN ALPS

8-day / 7-night centre-based – one-hotel group guided walking tour – a choice of walk levels each day



We explore Slovenia's beautiful Alpine region in this guided walking holiday. Tiny Slovenia, once part of Yugoslavia, lies at the crossroads of Europe, bordering Italy, Austria, Croatia, and Hungary, with a coastline on the Adriatic Sea. Nestled between the Balkans and the Alps, Slovenia offers a wonderful contrast of landscapes and climates. Slovenes are justifiably proud of their green countryside and beautiful scenery, and nowhere is that more evident than in Triglav National Park, which protects the Julian Alps. This walking holiday offers the chance to experience traditional Slovenian culture and lifestyle in the national park, to walk in the park with its towering limestone peaks, and to visit the Mostnica and Vintgar Gorges with their emerald pools and dramatic waterfalls.

We are based in a comfortable and well-equipped hotel in the fairy-tale town of Bled, with its clifftop medieval castle and its steepled church on an island on Lake Bled in Slovenia's most beautiful and scenic region. On your free day you may like to visit Ljubljana, Slovenia's small green capital city, or visit Škofja Loka or Radovljica, charming towns with well-preserved Gothic and Renaissance architecture.

Cost from: \$2120 per person twin share Single room supplement from \$305

Departs: 19th, 26th May; 2nd, 9th, 16th, 23rd June; 1st, 8th, 15th, 22nd, 29th September

Tour includes: 7 nights in comfortable hotel room with ensuite bathrooms, 7 breakfasts, 7 evening meals, local transport to/from the walks, experienced walks leaders offering the choice of two different walks each day

Not Included: Airport transfers from Ljubljana (these can be pre-booked at extra cost, please ask for details), meals and drinks not mentioned, personal expenses, transport and/or excursions on your free day.

Accommodation: The stylish 3-star **Hotel Astoria Bled** offers a wonderful location, with Bled town centre, the lakeshore and castle all within a short walk. Comfortable en-suite bedrooms are contemporary and most have balconies. Facilities include a wellness centre, sauna, spa pool, gym and bar. The hotel provides free Wifi in rooms and all public areas. On one evening enjoy a traditional Slovenian dinner accompanied by live music.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Footpath and walking information:



Easier walks: 8 to 15km on good, sometimes rocky, paths. Up to 420m of ascent in a day

Harder walks: 11 to 18km with some steep ascents and descents. There are also some rocky and exposed sections. Up to 950m of ascent in a day.

Suggested itinerary: *subject to change at the discretion of the walk leaders*

Day 1 Arrival day: Plan to arrive at Lake Bled by mid-afternoon. Coach transfer from Ljubljana Airport can be pre-booked at set times for extra cost, please ask for details.

Day 2 Around Lake Bled: The walk round the lake is one of the classic, must-do walks of the area. The route takes in several viewpoints providing a commanding perspective across the lake to the island. We also may explore the wooded upland areas to the west of the lake.

Day 3 Mostnica Gorge: We explore the beautiful Bohinj valley and lake today. One route takes us via charming villages to Alpine pastures and then to the spectacular Mostnica waterfall. If time permits we may have a swim in Lake Bohinj or a paddle in the Mostnica River. The other route ascends through a picturesque valley to the hamlet of Uskovnica, then descends to the village of Stara Fuzina.

Day 4 Vrsic Pass to Kranjska Gora: We begin with a coach ride to the top of the Vrsic Pass. The more challenging walk ascends to the Visoki Maverinc Belvedere and both routes eventually descend through woodland and meadows to Kranjska Gora, a picturesque mountain village and skiing centre.

Day 5 Free day: No walks are organised today. Ljubljana, Slovenia's capital city is a short distance from Lake Bled, and it offers wonderful architecture, museums and galleries. The Ljubljanica River is lined with terraced cafés in summertime. If you choose to stay in Bled take a 'pletna' boat to Bled Island, with its picturesque church, or perhaps enjoy the hotel's wellness centre.

Day 6 Lake Bohinj: We travel once more by coach to Lake Bohinj. The easier route takes a lovely lakeside walk, with opportunities to photograph the church at Ribcev Laz, whilst the more challenging route uses the cable car to explore the peaks south of the Lake, ascending from the top station to the summit of Mount Vogel, an excellent vantage point for views of Triglav, the highest mountain in Slovenia.

Day 7 Vintgar Gorge or Debela Pe : The easier walk stays around Bled to visit Vintgar Gorge. The more challenging walk ascends Debela Pe . The gorge walk follows wooden walkways and paths cut into the steep valley sides to a viewpoint over the waterfall. We then ascend to the church of St Katerina for views over Bled and the surrounding hills. The harder walk ascends through forests west of Bled, pitted with ancient iron workings, then along a ridgeline towards Debela Pe (2014m). We descend through Alpine pastures and woodland to a bar where we can take some well-earned refreshment.

Day 8 Departure day: Tour ends after breakfast. A departure transfer is available to the airport at extra cost.



Outdoor Travel offer guided or self-guided inn-to-inn walks in most areas of Europe including Mont Blanc or the Pyrenees, and many areas in the UK such as the popular **Coast to Coast**. We offer pilgrimage walks such as the **Camino de Santiago** in France & Spain and the **Via Francigena**, the pilgrim's *Road to Rome*.

Contact Outdoor Travel for more details and reservations:

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