

IRELAND – THE DINGLE PENINSULA

8-day / 7-night **SELF-GUIDED** inn-to-inn coastal walks from Camp near Tralee to Cloghane



The Dingle Way is a fantastic scenic walk along Ireland's rugged west coast, the setting of many films, including *Ryan's Daughter* and *Far and Away*. This 8-day (7-night) independent inn-to-inn walking holiday begins in the village of Camp near Tralee. Walk to the fishing port of Dingle and to Sleah Head, through one of the last strongholds of the Gaelic language, taking in spectacular mountain scenery and pristine Atlantic beaches, and soaking up the atmosphere surrounding archaeological sites, ancient ogham stones and ruined Stone Age and Iron Age forts. You have a free day in the town of Dingle and there are many options on this day, including a ferry crossing to Great Blasket Island where seabirds and seals abound.

The average walking time ranges from 5 to 7 hours per day, at a leisurely pace with opportunities to stop in villages and places of interest along the way. Your luggage is transferred for you, so all you need to carry is a small pack with the day's supplies. Start each day with a full cooked Irish breakfast, often including soda bread, black or white pudding, fried potatoes and always strong hot tea, to fuel the day's walking.

Departs: Daily on demand all year round

Cost from: \$1265 per person twin-share. High season supplement July and August: \$120 per person
Single and Solo Traveller supplements are on request.

Includes: 7 nights' twin-share accommodation in Irish Tourist Board approved guesthouses or B&Bs, all with private bathroom, 7 full cooked breakfasts, daily luggage transfers, route notes & maps, 24hr phone assistance.

Not included: Other meals, drinks, personal expenses, travel to / from the start/end of the tour.

Standard transfers at set times can be arranged between Tralee / Camp and Kerry Airport (year-round) or Shannon Airport (May to September only), at extra cost, or ask us about cost and availability of private transfers for up to 3 passengers from Kerry, Shannon or Cork Airports to Tralee / Camp. Ask for full details when booking. Extra nights or rest days can be added at extra cost – ask when making your booking.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Suggested itinerary: *Depending on the availability of accommodation this itinerary may operate in reverse.*

Day 1 Arrive Camp

Plan to arrive at your first hotel in Camp, a small village located about 16km from Tralee, by mid-afternoon. We can offer a transfer to Camp from Kerry or Shannon Airport (ask for details), or Tralee is connected to many locations in Ireland, including Cork, Galway and Dublin; then from Tralee take a local bus or taxi to Camp.

Day 2 Camp to Annascaul

walking @ 17km (ascent 350m)

Cross the spine of the Dingle Peninsula and traverse above the wildlife sanctuary near the sand dunes of Inch Beach. Walk on green road and hilltops (with views of Lough Anascaul in its glacial valley), past fields dotted with standing stones, to the picturesque village of Annascaul, where you stay overnight.

Day 3 Annascaul to Dingle

walking @ 21km (ascent 410m)

Continue along a medieval road, with views of the Iveragh peninsula and mountain ranges inland, past lonely beaches and green paddocks. Your day concludes in the fishing village of Dingle which is steeped in Irish culture and music and part of the *Gaeltacht*, where the locals still speak in the native (Gaelic) tongue.

Day 4 Dingle

Free day

Options today include walks in the local area (notes provided), or visit some of Dingle's 52 pubs, craft shops, tea houses, book shops and restaurants. Or, spend time at a local spa, visit the Dingle Aquarium, take a boat trip to see Fungie, Dingle's resident dolphin, or travel by ferry to the remote Blasket Islands, uninhabited since 1953.

Day 5 Dingle to Dunquin

walking @ 20km (ascent 345m)

Spectacular scenery today as you walk via Ventry Beach and along the slopes of Mount Eagle to Sleah Head. This stretch is famous for its concentration of archaeological sites, including a Neolithic fort and drystone 'beehive huts' or *clochan* of somewhat mysterious origin. Spend the night in either Sleah Head or Dunquin.

Day 6 Dunquin to Cuas

walking @ 24km (ascent 70m)

The Dingle Way takes you north along the Atlantic Cliffs, passing Coumnoole Beach, location for one of the dramatic scenes of the film *Ryan's Daughter* via the first of the beaches of Smerwick Harbour to Cuas Village.

Day 7 Cuas to Cloghane

walking @ 18km (ascent 825m)

Today's walk takes you high along the line of a military road to the Brandon Mountain Range, then down to Brandon Bay. Good visibility and navigating ability is required for this section. Consider a stop in at the pub in Cloghane for refreshments before you are transferred back to Tralee for your last night.

Day 8 Departure

Tour ends after breakfast.

An extended 11-day / 10-night version of this holiday is also available – please ask for details.

Outdoor Travel offer other small group guided or self-guided inn-to-inn walking or cycling holidays in Ireland, including the **Kerry Way** and the **Wicklow Way**, and self-skipped or hotel barge boating holidays on the **River Shannon**. We offer guided or self-guided European walking holidays including the **Camino de Santiago** in France and Spain, **Wainwright's Coast to Coast** walk in England, the **West Highland Way** in Scotland, the famous **Tour du Mont Blanc** in France, Italy and Switzerland, and walks in most other areas of Europe.

Contact Outdoor Travel direct for more details and reservations:

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