

Suggested itinerary:

Day 1: Arrive Chepstow

Plan to arrive as early as you can today – if you arrive early enough you can start the walk (which actually begins at Sedbury Cliffs to the south of Chepstow) and save yourself 2 miles tomorrow. Our usual hotel in Chepstow is an old coaching inn dating to the 16th Century in the town centre.

Day 2: Chepstow to Redbrook or Monmouth walking @ 13 miles (20km) or 18 miles (29km)

Begin from the mud flats of the River Severn at Sedbury. Join the Wye Valley with great views of Chepstow with its Norman castle. The way climbs high above the Wye Valley with views down to Tintern Abbey. Eventually descend to Redbrook, a 19th Century industrial village, or up and over the hills again to the famous border town of Monmouth, depending on where you are staying tonight.

Day 3: Redbrook or Monmouth to Llangattock Lingoed walking @ 18 miles (26km) or 13 miles (21km)

From Redbrook, climb to the Naval Temple for perhaps one of the best views along the route, then down to Monmouth for a mid-morning coffee or tea break. Then climb through boggy King's Wood and cross into rural farmland. Another pause and a pint might be worthwhile in Llantillo Crosseny village with its fine 13th Century church. Descending from White Castle, a 12th Century Norman keep in an Arthurian setting with intact walls and a little moat, you walk over undulating terrain to Llangattock Lingoed.

Day 4: Llangattock Lingoed to Longtown walking @ 10 miles (16km)

The trail continues via Pandy where you leave the lowland farms and rivers and climb up onto the Hatterrall Ridge and into the Black Mountains. The ridge mainly follows the border of England and Wales and the edge of the Brecon Beacons National Park. Spectacular views all around in good weather.

Day 5: Longtown to Hay on Wye walking @ 15 miles (24km)

A steep ascent of Hatterrall Ridge and over Cats Back to the highest point of the path near Red Darren at 2306 feet (703m). The ridge ends at Hay Bluff, a great northerly viewpoint towards Hay and the Wye Valley, the Hills of Radnorshire and the Black Mountains to the west and parts of the Brecon Beacons. Come off the ridge and stroll via five kissing gates into Hay on Wye, known for its many second hand book fairs and shops and for its annual book festival. The town with its 12th Century keep was the site of the Anglo-Welsh power struggles in the 13th Century. We use a variety of accommodation in bustling Hay on Wye. For dinner there are plenty of pubs and restaurants in the town.

Day 6: Hay on Wye to Kington walking @ 15 miles (24km)

Cross the River Wye and walk into the Radnorshire Hills. The walking undulates past sites of Roman encampments to reach Glades, where you may like to break for a pub lunch. The last few miles you travel up and along the Hergest Ridge amongst thyme, gorse and Welsh ponies. Descend to Kington, with its 13th Century church and the parallel lanes and long back gardens that may preserve the pattern of the strips in the former open field system.

Day 7: Kington to Knighton walking @ 14 miles (22km)

Perhaps the finest day's walk of the whole path, with beautiful westward panoramas across the Radnor Valley. On a clear day you get views of 30 miles in each direction, over both the Brecon Beacons and The Malverns. The route climbs over Ffridd hill, before descending very steeply to Knighton (Tref y Clawdd in Welsh – Town on the Dyke) on the Shropshire / Powys border. It is a very busy little market town.

Day 8: Departure day

Tour arrangements end after breakfast. From Knighton take the train to Shrewsbury for onward connections.

Outdoor Travel offers other walking holidays – centre-based, guided in small groups or self-guided with inn-to-inn luggage transfers and meals – in many parts of the UK and Europe including Wainwright's spectacular **Coast to Coast** route, the **Lake District**, **Snowdonia**, the coastal paths of **Cornwall**, the **Cotswolds** and the wild and scenic **West Highland Way**.

In France and Italy we offer many popular walks including the **Way of St James** or **Camino de Santiago** from Le Puy in France to Santiago in northern Spain, the **Dordogne**, **Provence** and **Burgundy**, the **Cinque Terre** or **Amalfi Coast**, **Tuscany** and the pilgrims' **Road to Rome**, the **Via Francigena**.

Contact Outdoor Travel for more itinerary details and reservations:

- Call toll free on 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia