

## ITALY – THE BRENTA DOLOMITES AT MADONNA DI CAMPIGLIO

8-day / 7-night one-hotel GUIDED walking tour with a choice of easy to challenging guided walks daily



The mountains and monoliths of the Italian Dolomites have inspired generations of walkers and non-walkers alike. Located between Lake Garda and Selva, the Brenta Dolomites are part of northern Italy's UNESCO-listed Adamello Brenta Natural Park. Our guided walks take you to dramatic rock pinnacles and soaring cliffs with a backdrop of lush green slopes and scented pine forests.

The mountain village of Madonna Di Campiglio is the perfect base to explore this stunning area from. We stay at the Hotel Oberosler, within strolling distance of a handful of bars and restaurants in the village's charming centre and close to the network of cable cars that make it easy to reach the alpine meadows, sky-high ridge walks and forests, all steeped in fascinating WWI history.

**Cost from:**                **\$4150** per person (twin share)  
Single room supplement from \$245 (limited availability)

**2024 Departures:**    15, 22 & 29 June,    6 & 13 July

**Tour includes:**        7 nights' twin-share accommodation in comfortable 4-star hotel room with ensuite bathrooms, 7 breakfasts, 7 dinners, local transport to/from the walks, experienced walks leader offering a choice of two levels of guided walks on 5 days.

**Not Included:**        Airport transfers from Verona (transfers can be pre-booked – ask for details), meals and drinks not mentioned, personal expenses, transport or excursions on the free day.



**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**





**Trip Grading:** Moderate walking with some steep ascents over rougher terrain. Easier walks of 8-11km on good paths, with some rocky sections and up to 450m ascent in a day. Harder walks of 11-15km on good paths, with some rocky sections and up to 800m ascent in a day.

A typical European centre-based walking holiday offers a choice of up to two guided walks each day. You choose the walk that best suits your ability and fitness. Walks leaders make the final decision on which routes are offered; each evening they will brief you about the walks for the next day and answer questions you may have.

**Suggested itinerary (Routes are determined by the walk leaders each day and are subject to change):**

#### **Day 1: Arrival Day**

Plan to arrive at the hotel mid-afternoon or at least in time for dinner. For those requiring a transfer we can arrange this at a set time from Verona Airport (at extra cost).

#### **Day 2: Lago Delle Malghette**

Today we take a classic route in the Madonna di Campiglio area in the direction of the Vigo mountain hut. Rising to an altitude of 1,900m we'll find the pine-fringed waters of Lago Delle Malghette, a stunning lake surrounded by the Folgarida Mountains. Rumour has it that this secluded lakeside location was the favourite spot of renowned 19th-century globetrotter, Empress Elizabeth of Austria. On a clear day, look out for the rocky massif of the Brenta Dolomites reflected in the lake's shimmering surface.

#### **Day 3: Valley of the Waterfalls**

After a shuttle bus transfer to Carisolo we embark on a walk through the Val di Genova – a fertile gorge where torrents of cascading water tumbling down the limestone walls give it the name Valley of the Waterfalls. This area was part of Austria until World War I and numerous military operations took place on the crystalline rock formations, evidence of which is still visible from the valley bottom. Take in magnificent views of the Adamello and Presanella glaciers as we follow the course of the Sarca River.

#### **Day 4: Frances Fox Tucket Hut and Vallesinella Waterfalls**

Walking from the hotel, we spend the day exploring the foothills of the Brenta Dolomites, between pinnacles and the landscape of woods, streams, and waterfalls, thriving with wildlife. Upon reaching Groste, we'll take a cable car into the highlands and visit the Frances Fox Tucket mountain hut – named after the intrepid mountaineer from Gloucestershire who, in 1865, was knighted by the King of Italy for his services to geographical and scientific research in the Italian alps. The highlight of the day is the stepped cascades of Vallesinella Waterfalls.

#### **Day 5: Free Day**

Today you can choose to relax at the hotel, visit local places of interest or your leaders can recommend walks if you would like to explore independently. You might like to take a cable car to one of the mountain refuges for lunch with a view or spend the day enjoying a massage at the hotel spa (both payable locally).

#### **Day 6: Hike the Five Lakes**

Today we head to Madonna di Campiglio's breathtaking Cinque Laghi (Five Lakes) region. Both walks pass several stunning lakes including Lago Ritorto, Lago Lambin, Lago Serdoli, and Lago Gelato as we make our way toward the mountain refuge at the foot of the Passo Nambrone. Option 1 shortens the route slightly by taking the Cinque Laghi cable car to the start point. Finally, we'll pass by the mirror-like waters of Lago Nambino before returning to the hotel.

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### Day 7: Val Nabrone

We discover the captivating Il Lago Nero nestled in the wild Nabrone valley and enjoy incredible views of the Presanella massif and the jagged limestone peaks of the Brenta Dolomites before making our way to the Segantini mountain refuge – an unspoiled spot that's remained relatively unknown, despite being in a region that's enormously popular with walkers and tourists.

**Day 8:** Tour ends after breakfast – transfers to Verona are available (at extra cost)



### Accommodation:

Hotel Oberosler is in the mountain village Madonna di Campiglio, a beautiful location at the foot of the Brenta Dolomites. A traditional alpine chalet-style hotel with modern ensuite bedrooms and contemporary touches. Hotel facilities include a bar, light-filled restaurant with mountain views and a wellness centre where you can relax in the indoor pool, sauna, and hot tub, or visit the spa for a massage or beauty treatment.



**Outdoor Travel** offers similar guided or self-guided walks in many other regions of Italy such as **Tuscany**, **Cinque Terre**, **Amalfi Coast**, **Umbria**, **Mont Blanc**, **Sicily** and **Lake Como**, and in most destinations within Europe and the UK – including the **Coast to Coast** walk many great pilgrimage walks such as the **Camino de Santiago** or **Way of St James** in France and Spain or the **Via Francigena** the '*pilgrim's road to Rome*' in Italy.

**Contact Outdoor Travel more details and reservations:**

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