

GERMANY AUSTRIA SWITZERLAND – LAKE CONSTANCE CYCLING

8-days / 7-nights **self-guided** inn-to-inn cycling around the lake from Bregenz



One of the most popular cycling routes in Europe, this easy to moderate 8-day inn-to-inn cycle tour around Lake Constance is guaranteed to be a memorable holiday experience. The freshwater lake divides three German-speaking countries and it plays an important role in both tourism and travel in this part of Europe. The bike trail along its shores and through towns and villages is well used and allows some delightful cycling with beautiful vistas of waterfalls, forests and mountains. Explore pretty villages, ancient fortresses, castles and monasteries dating back centuries, market towns with cobbled streets and maybe visit Mainau Island with its many flowers.

The daily cycling distance is between 35 and 65km per day with about 90% on cycle tracks and roughly 10% on roads (local through traffic and side streets). You stay in mainly 3-star hotels (one night is in a 4-star hotel). This is a circular route, starting and ending in Bregenz, Austria.

Departs: Daily from 11 April to 18 October 2025

Cost per person twin share from:

Low season \$2030 11 April – 24 May, 15 September – 18 October

Regular season \$2210 25 May – 14 September

Festival & High Season Supplements apply for certain dates (including but not limited to 16 July – 17 August)

Single room supplement \$580

Dinner Supplement: \$240 per person (includes dinner on 3 nights)

Upgrade to E-Bike Hire: \$230 per bike

Includes: 7 nights' twin-share accommodation in comfortable 3-star or 4-star hotels with ensuite bathroom and breakfast each day, hire of multi-gear bike with a pannier, daily luggage transfers, Staad - Meersburg ferry, Rhine Falls boat trip, entrance to Hohentwiel Fortress, app with GPS data and customised route mapping, emergency telephone assistance.

Not included: Meals not mentioned (3 x dinners are included on the Half Board option), drinks, other entry fees, ferries and other transport, personal expenses, city taxes (€3 - €7 per person per night). Helmets are not provided, and we recommend you bring your own.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Suggested itinerary:

Day 1: Arrive in Bregenz*

Plan to arrive at your hotel in Bregenz by mid-afternoon. Collect your bicycles and tour information from our centrally located information point, then explore the fascinating streets of the old town.

Day 2 - Bregenz via Arbon/Egnach to Güttingen/Romanshorn

cycling @ 45/56km

A chance for stunning views of the snow-capped Alpine peaks as you cycle along Lake Constance's southern shore before crossing the mighty Rhine River delta. Straddling the border between Austria and Switzerland this is an area of great natural beauty and a refuge for wildlife. The ride takes you around the lake to Arbon with its pretty half-timbered houses and 16th Century castle, then on to your stay in Güttingen or nearby Romanshorn.

Day 3 - Güttingen/Romanshorn to Gailingen/Rielasingen

cycling @ 51/61km

Cycle along the Swiss side of the lake to Stein am Rhein and take time to explore this medieval town with its 11th Century monastery, the beautiful, frescoed square and tempting chocolate shops. Cross into Germany and ride along the shore of 'Untersee' with its many parks and lidos to Gailingen or Rielasingen, for your two night stay.

Day 4: Schaffhausen and Rheinfall (Rhine Falls) circular ride

cycling @ 55km

Follow the Rhine cycle path to Schaffhausen, with its Munot Fortress and on to visit Rheinfall, the largest waterfall in Europe, before returning along the same path to Gailingen/Rielasingen for your second night there.

Day 5: Gailingen/Rielasingen to Konstanz/Kreuzlingen

cycling @ 55km

Cycle first to Radolfzell and Allensbach on the Hoeri peninsula and then along the lake inlet which is known locally as 'Gnadensee', past UNESCO world heritage listed Klosterinsel Reichenau. There is an optional extra 16km to explore Reichenau Island. Cycle to your stay in Konstanz or occasionally in neighbouring Kreuzlingen.

Day 6: Isle of Mainau, Ferry ride then Uhldingen to Friedrichshafen

cycling @ 35km

This morning ride to the Isle of Mainau to enjoy the famous "Island of Flowers" (entrance fee paid locally). Then make your way to Staad and take the ferry to Meersburg. On option is a 10km ride to Uhldingen famous for its "Pfahlbauten" stilt houses (entrance fee paid locally). Cycle back to Meersburg with its two impressive castles, steep narrow streets and hillsides of grape vines then on the German side of the lake to Friedrichshafen.

Day 7: Friedrichshafen to Lindau to Bregenz*

cycling @ 35km

Depart Friedrichshafen and cycle through peaceful vineyards and cherry orchards to Lindau, a gorgeous island village surrounded by cobalt blue waters. Lots of choices for lunch here, then, keeping the lake at your side, enjoy the final ride back down to Bregenz. If time allows take the cable car up to Pfander Mountain (1050m) for a fantastic view of your entire route – a real achievement!

Day 8: Departure day. Tour ends after breakfast in Bregenz.

* During the Bregenz Festival (16 July – 17 August, 2025), the hotel used may be located outside Bregenz.

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Contact Outdoor Travel for more details and reservations:

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