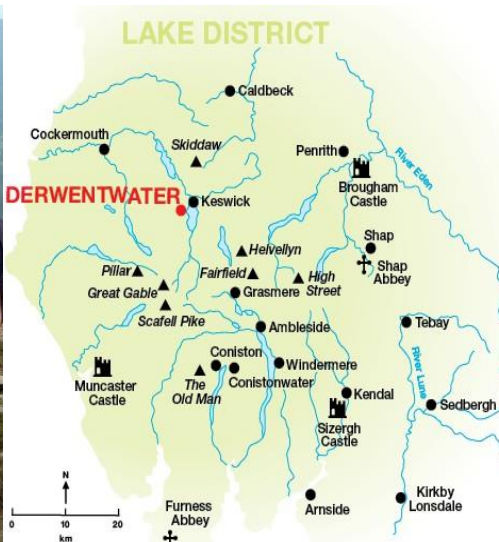


ENGLAND – DERWENTWATER & THE LAKE DISTRICT

8-day / 7-night one-hotel GUIDED walking tour based in one of England's most beautiful National Parks



We are confident you will enjoy the Lake District National Park. From the shores of Derwentwater generations have been attracted to the outstanding scenery. Walkers of all abilities come to stand and look or to discover this magical landscape of rare natural beauty. Explore stunning lakeside paths, climb famous hills and fells, unwind in the tranquil wooded valleys, see high waterfalls and open moorlands. Visit Wainwright's mountain tarns and the lakes that inspired poets and artists alike. Lakeland offers something for everyone; from walks through the charming, wooded valley of Borrowdale and tranquil lakeside paths to classic ascents of summits such as Helvellyn, Great Gable and England's highest peak Scafell Pike. Here, in the dramatic landscape there is no such thing as bad weather, just bad clothing!

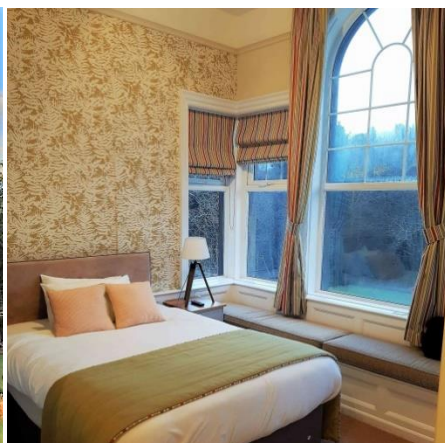
Cost from: \$2770 per person twin share Single room supplement on request.

2025 Departures: 14 February, 21 March, 4, 18 April, 2, 23, 30 May, 6, 27 June, 4, 25 July, 15 August, 5, 12 September, 3 October, 7, 21 November, 5 December

Includes: 7 nights in comfortable hotel room with ensuite bathrooms, full board (breakfast, picnic lunch and dinner), experienced walks leader, 5 guided walks, transport associated with the walks, evening social activities.

Not Included: Transport to/from the house, drinks, personal expenses, transport/activities on your free day.

Accommodation: You stay in **Derwent Bank**, a fine country house set in an idyllic location beside Derwentwater in the Northern Lake District, with splendid views of the surrounding fells. Soak up these beautiful surroundings from the pleasant conservatory and landscaped grounds. After recent refurbishment, the 40 ensuite bedrooms offer high standards of accommodation.



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Trip Grading: Walk moderate to longer distances usually on well-defined paths. Some walks are rough or steep in sections, particularly in mountainous areas. Tour requires reasonable fitness. The more challenging walks are over rough and rocky terrain with sustained ascents and descents, and include high summits and ridges. These challenging walks will require good fitness and stamina. Choice of easier walks 10-13km with ascent up to 420m, medium walks 12-17km with ascent up to 860m, harder walks 14-19km with up to 1120m ascent in a day.

Suggested itinerary (routes are determined each day by walk leaders – subject to change):

Day 1: Arrival day

Plan to arrive at your accommodation mid-afternoon. Check with us for local transport or taxi transfer options from/to Penrith train station.

Day 2: Cat Bells

From the doorstep of Derwent Bank, we follow the elevated path along Cat Bells terrace. The easier route returns via the lakeshore path, while the medium and harder routes head up the ridge to the summit of Cat Bells, one of the most distinctive peaks of the Lake District, offering great views of the surrounding fells. We make our way back to the house either along part of the Cumbria Way, or by descending to Maiden Moor and High Spy before returning via the tranquil Newlands Valley.

Day 3: Blencathra

The easier route stays below Blencathra, walking through fields and along the River Greta to Keswick. Alternatively, we walk into the lonely valley of Glenderaterra Beck and ascend to the viewpoint at Latrigg, or climb to the top of Blencathra via Southern Fell and Scales Fell, then navigate the entire Blencathra ridge before returning to Derwent Bank.

Day 4: Free day

Free day with no organised walks. Explore the area independently or just relax at Derwent Bank and its grounds. Perhaps arrange theatre tickets at the Theatre by the Lake in town.

Day 5: Buttermere and Derwent Fells

The picture-postcard Buttermere valley, with its blue ribbon-like lake and tiny village of farmhouses, two inns and a chapel, is a highlight of all three routes. We walk through fields and farmyards and across the Derwent Fells to Buttermere. From here the medium walk ventures on to the low-level fell Barrow, which affords views over Bassenthwaite Lake and the Newlands Valley. The harder route undulates over some of the most beautiful fells of the Lake District including Whiteless Pike, Wandope, Eel Crag and Barrow.

Day 6: Derwentwater

All three routes follow the shoreline of Derwentwater. From Keswick, the easier route shadows the lakeshore then ascends to a rocky summit with delightful views over the lake. Walkers on the medium route circumnavigate Derwentwater, with constantly changing views as we make our way around the lake. The harder route ascends Walla Crag, Bleaberry Fell and High Seat before heading down to the much-photographed Ashness Bridge, from where we follow woodland paths to the lake then walk along the shoreline back to the house.

Day 7: Ullswater and Helvellyn

Ullswater was described by Wordsworth as 'the happiest combination of beauty and grandeur which any of the lakes affords'. We may traverse fields and woodlands before a gentle ascent to Gowbarrow, or walk a moderately steep route to Place Fell at the head of Ullswater, from where we can see Helvellyn and the North Pennines. We then follow the Ullswater Way, an attractive lakeside path to the end of the walk in Glenridding. Or, choose a challenging walk to White Side and eventually the summit of Helvellyn, shadowing an undulating ridge over Nethermost Pike and Dollywagon Pike, before descending into Grisedale and thence to Glenridding.

Day 8: Departure day

Tour ends after breakfast.

Outdoor Travel walking holidays – guided in small groups or self-guided with inn-to-inn luggage transfers and meals – are available in many parts of the United Kingdom, Ireland and across Europe including the **Coast-to-Coast** trail, the spectacular coast of Cornwall, the **Yorkshire Dales**, the **West Highland Way** in Scotland. In France see the Dordogne, Alps, Provence or Riviera Coast, walks too in Austria, Spain or Italy.

Contact Outdoor Travel for more details and reservations:

- Call Toll free 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia



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