

## FRANCE & SPAIN – CAMINO DE SANTIAGO

Inn-to-inn **SELF-GUIDED** walking on the Way of Saint James – walk in 7, 8, 9, 10, 11, 12 or 15-day sections



The Camino de Santiago or Chemin St Jacques - the route to the shrine of St James the Apostle in northwest Spain - has attracted pilgrims from all over Europe since the 12<sup>th</sup> Century when an estimated two million people each year walked, rode or were carried along the route to the city of Santiago de Compostela.

One of the major pilgrimage routes in France was from Le Puy crossing the Pyrenees at the Roncesvalles Pass, joining other trails at Puente la Reina in Navarra (near Pamplona) to form a single path across northern Spain to the shrine at Santiago de Compostela. The Spanish part of *El Camino de Santiago* runs some 800km from the Roncesvalles Pass through Puente la Reina, La Rioja, Burgos, Leon, crossing Galicia to Santiago.

Today, it is possible to experience the same route as the medieval travellers, walking the most unspoilt sections of the route on a self-guided 'inn to inn' walk – staying in simple but comfortable 1, 2 or 3-star hotels or guesthouses usually with your own bathroom / toilet - and with your baggage transferred each day. We offer one or two week easy to moderate walking sections from Le Puy in central France, south to the Pyrenees and along the northern coast of Spain to Santiago, on the road to Compostela. If you're worried about managing the distance on the longer days, ask us about pre-booking a taxi (at additional cost) to shorten your walking day.

Share in the sheer scale, the mystery and the history of this great medieval pilgrimage phenomenon. Take a journey where you can imagine the hardships, the pleasures and interests of those early pilgrims. Follow an infinitely varied succession of paths and trails that link cities and villages, great cathedrals, fine churches and ancient monuments. Travel through the wooded valleys of central France, cross the Pyrenees and the great Navarre plains, see the Montes de Leon, the vineyards of Rioja and the Bierzo, before reaching the fertile valleys of Galicia and - like millions of others through history - the sacred shrine of St James.

**Departs:** Daily from May to October 2025

**From:** **Le Puy en Velay** in France to **St Jean Pied du Port** to **Santiago de Compostela** in Spain

**Cost from:** **\$1535** per person twin share      **Duration:** **Walks in stages of 7 to 15 days**

**Includes:** Comfortable hotel / guesthouse accommodation, usually with ensuite bathrooms, daily breakfasts, most evening meals as indicated, luggage transport (one bag per person), transfers as specified in the itinerary, route notes, maps, local travel information and guidebook (one set per room), English-speaking contact & emergency telephone support.

**Not Included:** Entry fees, meals and drinks not mentioned, excess baggage fees or any personal expenses.

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**



France

Bordeaux

Le Puy

Nasbinals

Conques

Cahors

Lectoure

Aire-sur-l'Adour

St Jean Pied de Port

Logrono

Burgos

Leon

Santiago de Compostela

Pyrenees Mtns

Spain

MADRID

**Suggested itineraries from 7 days to 11 weeks with daily departures and extra nights on request.**

You can choose to reduce daily distances by adding an extra night in some sections where asterisk\* is shown.

**LE PUY EN VELAY – NASBINALS – 7-days / 6-nights (5-days walking in France)**

DAY 1 Arrive at Le Puy in time for dinner.  
DAY 2 Le Puy – St Privat d’Allier, 24km  
DAY 3 St Privat d’Allier – Saugues, 20km  
DAY 4 Saugues – Les Faux, 26km  
DAY 5 Les Faux – Aumont, 21km  
DAY 6 Aumont – Nasbinals, 27km  
DAY 7 Trip ends after breakfast.

Nearest arrival train station: Le Puy en Velay  
Difficulty: 4 to 7 hours walking daily.  
Ascent between 440-630m each day  
Descent between 230-830m each day  
Accommodation: 6 nights in 2 or 3-star hotels, with half board (breakfast and dinner)

**Costs per person:** From \$1870 (twin share)  
**Single room supplement:** From \$350 (as available)  
**Solo Traveller supplement:** From \$75 per person (as available)



**NASBINALS – CONQUES – 7-days / 6-nights (5-days walking in France)**

DAY 1 Arrive at Nasbinals in time for dinner.  
DAY 2 Nasbinals – St Chély d’Aubrac, 17km  
DAY 3 St Chély d’Aubrac – Espalion, 25km  
DAY 4 Espalion – Estaing, 13km  
DAY 5 Estaing – Sénergues, 26km  
DAY 6 Sénergues – Conques, 10km  
DAY 7 Trip ends after breakfast

Nearest arrival train station: Aumont-Aubrac or St Christophe  
Difficulty: 3 to 7 hours walking daily  
Ascent between 300-820m each day  
Descent between 390-1125m each day  
Accommodation: 6 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast & dinner)

**Costs per person:** From \$1860 (twin share)  
**Single room supplement:** From \$420 (as available)  
**Solo Traveller supplement:** From \$75 per person (as available)

**CONQUES – CAHORS – 8-days / 7-nights (6-days of walking in France)**

DAY 1 Arrival at Conques in time for dinner  
DAY 2 Conques – Decazeville, 18km  
DAY 3 Decazeville – Figeac, 29km  
DAY 4 Figeac – Cajarc, 30km\*  
DAY 5 Cajarc – Limogne, 17km  
DAY 6 Limogne – Lalbenque, 22km  
DAY 7 Lalbenque – Cahors, 19km  
DAY 8 Trip ends after breakfast.

Nearest arrival train station: Rodez, then bus for Conques  
Difficulty: 4 to 8 hours walking daily  
Ascent between 180-1220m each day  
Descent between 215-1290m each day  
Accommodation: 7 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

**Costs per person:** From \$2075 (twin share)  
**Single room supplement:** From \$515 (as available)  
**Solo Traveller supplement:** From \$75 per person (as available)

## CAHORS – LECTOURE – 7-days / 6-nights (5-days of walking in France)\*

DAY 1 Arrival at Cahors in time for dinner  
DAY 2 Cahors – Montcuq, 31km\*  
DAY 3 Montcuq – Durfort Lacapalette, 26km\*  
DAY 4 Durfort Lacapalette – Moissac, 14km  
DAY 5 Moissac – Auvillar, 19km  
DAY 6 Auvillar – Lectoure, 33km  
DAY 7 End of the trip after breakfast

Nearest arrival train station: Cahors  
Difficulty: 4 to 8 hours walking daily  
Ascent between 100-600m each day  
Descent between 100-615m each day  
Accommodation: 6 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

**Costs per person:** From **\$1845** (twin share)  
**Single room supplement:** From **\$470** (as available)  
**Solo Traveller supplement:** From **\$75** per person (as available)

## LECTOURE — AIRE-SUR-ADOUR – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Lectoure in time for dinner  
DAY 2 Lectoure – La Romieu, 19km  
DAY 3 La Romieu – Condom, 14km  
DAY 4 Condom – Montréal du Gers, 16km  
DAY 5 Montréal du Gers – Eauze, 17km  
DAY 6 Eauze – Nogaro, 20km  
DAY 7 Nogaro – Aire-sur-Adour, 25-28km  
DAY 8 Trip ends after breakfast.

Nearest arrival train station: Agen or Auch, then bus to Lectoure  
Difficulty: 4 to 7 hours walking daily  
Ascent between 75-375m each day  
Descent between 50-320m each day  
Accommodation: 7 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

**Costs per person:** From **\$2215** (twin share)  
**Single room supplement:** From **\$610** (as available)  
**Solo Traveller supplement:** From **\$75** per person (as available)



## AIRE-SUR-ADOUR – ST JEAN PIED DE PORT – 10-days / 9-nights (8-days walking in France)

DAY 1 Arrival at Aire-sur-Adour in time for dinner  
DAY 2 Aire-sur-Adour – Miramont Sensacq, 18km  
DAY 3 Miramont Sensacq – Arzacq, 15km  
DAY 4 Arzacq – Poms, 21km (stay in Morlanne)  
DAY 5 Poms – Maslacq, 19km  
DAY 6 Maslacq – Navarrenx, 22km  
DAY 7 Navarrenx – Aroue, 20km (stay in St Palais)  
DAY 8 St Palais – Larceveau, 15km  
DAY 9 Larceveau – St Jean Pied de Port, 18km  
DAY 10 Trip ends after breakfast.

Nearest arrival train station: Aire-sur-Adour  
Transfers included:  
Day 4: Poms- Morlanne  
Day 5: Morlanne to Poms  
Day 7: Aroue to St Palais  
Difficulty: 4 to 7 hours walking daily  
Ascent between 240-530m each day  
Descent between 240-500m each day  
Accommodation: 9 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

**Costs per person:** From **\$2620** (twin share)  
**Single room supplement:** From **\$705** (as available)  
**Solo Traveller supplement:** From **\$75** per person (as available)

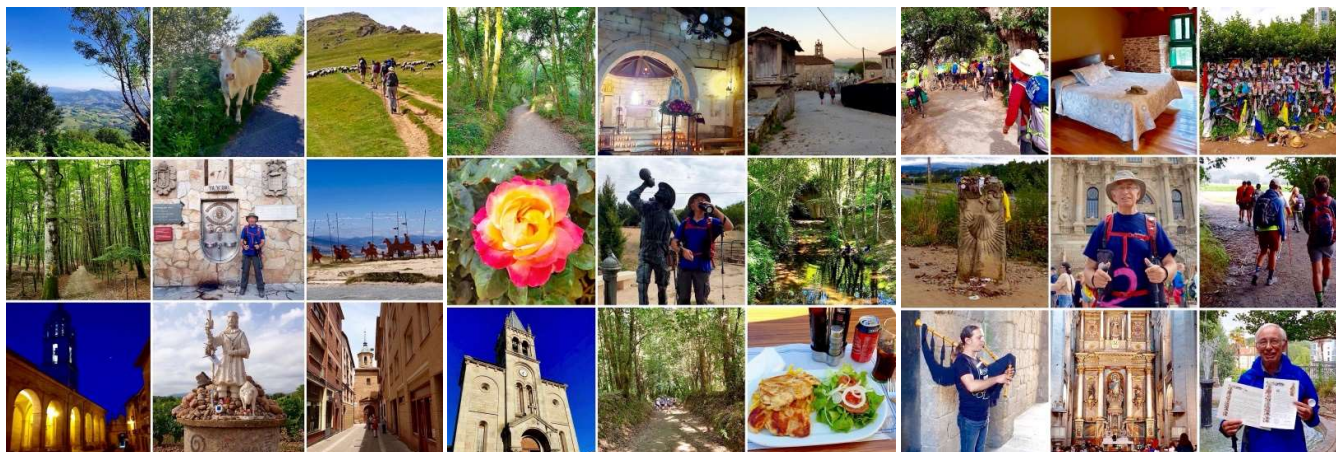


### ST JEAN PIED DE PORT – LOGROÑO 9-days / 8-nights (7-days of walking from France into Spain)

DAY 1 Arrival St Jean Pied de Port before dinner  
 DAY 2 St Jean Pied de Port – Roncesvalles, 25km  
 DAY 3 Roncesvalles – Zubiri, 22km  
 DAY 4 Zubiri – Pamplona, 21km  
 DAY 5 Pamplona – Puente La Reina, 24km  
 DAY 6 Puente La Reina – Estella, 22km  
 DAY 7 Estella – Los Arcos, 22km  
 DAY 8 Los Arcos – Logroño, 28km.  
 DAY 9 Trip ends after breakfast

Nearest arrival train station: St Jean Pied de Port  
 Difficulty: 6 to 8 hours moderate walking daily  
 Ascent between 140-500m each day (except for Day 2 which has a 1500m climb).  
 Descent between 230-865m each day  
 Accommodation: 8 nights in 2 or 3-star hotels, 6 nights with half board (breakfast and dinner) and 2 nights with B&B only (Pamplona and Logroño)

**Costs per person:** From \$2180 (twin share)  
**Single room supplement:** From \$635 (as available)  
**Solo Traveller supplement:** From \$60 per person (as available)

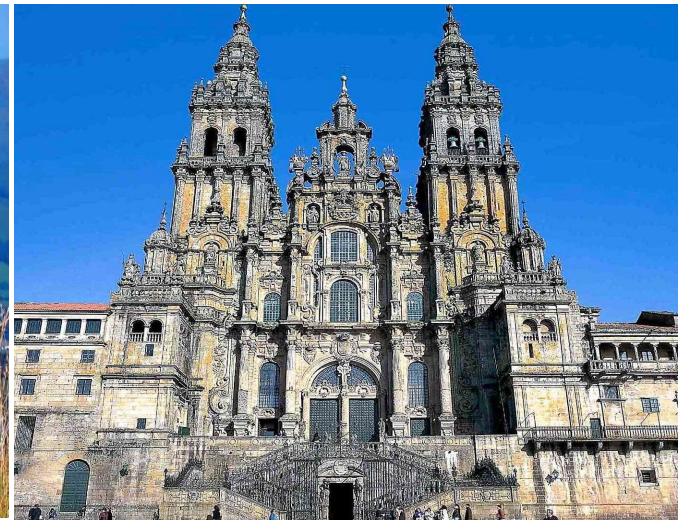


### LOGROÑO – BURGOS – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Logroño  
 DAY 2 Logroño – Najera, 29km\*  
 DAY 3 Najera – Sto Domingo de la Calzada, 21km  
 DAY 4 Sto Domingo de la Calzada – Belorado, 26km  
 DAY 5 Belorado – San Juan de Ortega, 24km  
 (Return by taxi to Belorado - included)  
 DAY 6 Taxi to San Juan de Ortega (included) then walk San Juan de Ortega – Burgos, 28km  
 DAY 7 Trip ends after breakfast.

Nearest arrival train station: Logroño  
 2 transfers ex Belorado included in tour cost.  
 Departure point: Burgos  
 Difficulty: 6 to 8 hours of flat easy walking daily  
 Ascent between 150-395m each day  
 Descent between 160-280m each day  
 Accommodation: 6 nights in 2 or 3-star hotels, with 3 night half board (breakfast and dinner), 3 nights B&B only (in Logroño, Santo Domingo, Burgos).

**Costs per person:** From \$1625 (twin share)  
**Single room supplement:** From \$575 (as available)  
**Solo Traveller supplement:** From \$120 per person (as available)



### **BURGOS – LEÓN – 11-days / 10-nights (9-days of walking in Spain)**

DAY 1 Arrival at Burgos in time for dinner  
 DAY 2 Burgos – Hornillos del Camino, 20km  
 (Short transfer to hotel)  
 DAY 3 (Short transfer from hotel)  
 Hornillos del Camino - Castrojeriz, 20km  
 DAY 4 Castrojeriz – Frómista, 26km  
 DAY 5 Frómista – Carrión de los Condes, 21km  
 DAY 6 Carrión – Calzadilla de la Cuenza, 18km  
 DAY 7 Calzadilla de la Cuenza - Sahagun, 24km  
 DAY 8 Sahagun – El Burgo Ranero, 26km  
 DAY 9 El Burgo Ranero – Mansillas d/I Mulas, 20km  
 DAY 10 Mansillas de las Mulas – León, 20km  
 DAY 11 Trip ends after breakfast

Nearest arrival train station: Burgos  
 Transfers: 2 transfers (to/from Hornillos) included.  
 Difficulty: 5 to 8 hours of moderate walking daily  
 Ascent between 80-305m each day  
 Descent between 40-320m each day  
 Accommodation: 10 nights in 2 or 3-star hotels, with half board, except for Burgos which is B&B only.

Upgrade to the Parador Hotel in León at extra cost  
 – ask for details

**Costs per person:** From \$2720 (twin share)  
**Single room supplement:** From \$370 (as available)  
**Solo Traveller supplement:** From \$75 per person (as available)

### **LEÓN – SANTIAGO DE COMPOSTELA – 15-days / 14-nights (13-days of walking in Spain)**

DAY 1 Arrival at León in time for dinner  
 DAY 2 León – Hospital de Orbigo, 28km  
 (Optional local bus at extra cost)  
 DAY 3 Hospital de Orbigo – Astorga, 18km  
 DAY 4 Astorga – Rabanal del Camino, 21km  
 DAY 5 Rabanal – Ponferrada, 33km\*  
 DAY 6 Ponferrada – Villafranca del Bierzo, 23km  
 DAY 7 Villafranca del Bierzo – O Cebreiro, 30km\*  
 DAY 8 O Cebreiro – Triascastela, 21km  
 DAY 9 Triascatela – Sarria, 18km  
 DAY 10 Sarria – Portomarin, 23km  
 DAY 11 Portomarin – Palas de Rei, 25km  
 DAY 12 Palas de Rei – Arzua, 29km\*  
 DAY 13 Arzua – Lavacolla, 29km\*  
 DAY 14 Lavacolla – Santiago de Compostela 10km  
 DAY 15 Trip ends after breakfast

Nearest arrival train station: León  
 Difficulty: 4 to 8 hours walking daily  
 Ascent between 50-900m each day  
 Descent between 20-940m each day  
 Accommodation: 14 nights in 1, 2 or 3-star hotels with half board (breakfast and dinner) except in Santiago where we offer B&B only.

Upgrade to the Parador Hotel in Santiago at extra cost  
 – ask for details

**Costs per person:** From \$3410 (twin share)  
**Single room supplement:** From \$795 (as available)  
**Solo Traveller supplement:** From \$485 per person (as available)

**Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations**

## **SARRIA – SANTIAGO DE COMPOSTELA (STANDARD) – 7-days / 6-nights (5-days of walking in Spain)**

DAY 1 Arrival at Sarria in time for dinner  
DAY 2 Sarria – Portomarin, 23km  
DAY 3 Portomarin – Palas de Rei, 25km  
DAY 4 Palas de Rei – Arzua, 29km  
DAY 5 Arzua – Lavacolla, 29km  
DAY 6 Lavacolla – Santiago de Compostela 10km  
DAY 7 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.  
Nearest train station: Sarria (infrequent trains)  
Difficulty: 6 to 8 hours walking daily  
Ascent between 50-600m each day  
Descent between 130-565m each day  
Accommodation: 6 nights in 2 or 3-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

**Costs per person:** From \$1535 (twin share)  
**Single room supplement:** From \$445 (as available)  
**Solo Traveller supplement:** From \$120 per person (as available)

\*To avoid the long 29km section to Arzua, we offer an alternative *'Easier Km'* 8-day version via Melide:

## **SARRIA – SANTIAGO DE COMPOSTELA (EASIER KM) – 8-days / 7-nights (6-days of walking in Spain)**

DAY 1 Arrival at Sarria in time for dinner  
DAY 2 Sarria – Portomarin, 23km  
DAY 3 Portomarin – Palas de Rei, 25km  
DAY 4 Palas de Rei – Melide, 15km  
DAY 5 Melide – Arzua, 14km  
DAY 6 Arzua – Rua, 19km  
DAY 7 Rua – Santiago de Compostela 20km  
DAY 8 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.  
Nearest train station: Sarria (infrequent trains)  
Difficulty: 4 to 7 hours walking daily  
Ascent between 50-600m each day  
Descent between 130-565m each day  
Accommodation: 7 nights in 2 or 3-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

**Costs per person:** From \$1735 (twin share)  
**Single room supplement:** From \$485 (as available)  
**Solo Traveller supplement:** From \$120 per person (as available)

Getting to Sarria: public transport is infrequent; we strongly recommend you make your way to Santiago and take either a local bus to Sarria or book a pre-paid taxi to Sarria (Ask for details and costs).

Upgrade to the Parador Hotel beside the cathedral in in Santiago at extra cost on either tour – ask for a quote.



**Note:** You can choose to reduce daily distances by adding an extra night in some sections where asterisk\* is shown. Please ask for more details when booking.

**Contact Outdoor Travel for more itinerary details and reservations:**

- Call toll free on 1800 331 582 or (03) 57 551 743 or Fax (03) 57 501 020
- Email: [info@outdoortravel.com.au](mailto:info@outdoortravel.com.au)
- Web: [www.outdoortravel.com.au](http://www.outdoortravel.com.au)
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