

MONTENEGRO – MOUNTAINS, LAKES & COAST

8-day / 7-night two-centre based GUIDED walking and sightseeing tour



The tiny nation of Montenegro is a jewel of the Balkans, with its mountainous interior and superb Adriatic coastline. The footpaths in the limestone hills offer astonishing views and glistening glacial lakes along with serenity and peace. On this holiday we spend four nights in the small town of Kolašin, surrounded by soaring peaks, and three nights in the coastal resort of Rafailovići in the area known as the Budva Riviera. This allows us to experience the best of both worlds, exploring the national parks in the country's hinterland as well as dramatic Kotor Bay, surrounded by the massifs of the Dinaric Alps and lined with medieval and Venetian-era villages. Highlights of our holiday include the exquisitely preserved temperate rainforest of Biogradska National Park, a boat trip in the secluded Bay of Kotor to the tiny town of Perast and the island chapel of Our Lady of the Rocks, and enjoyable walks around the glacial lakes of Durmitor National Park.

Cost from: **\$3895** per person twin share Single room supplement from \$445 (limited availability)

Departures: 2 June, 22 September, 6 October, 2025

Includes: 7 nights' accommodation, 7 breakfasts, 1 lunch, 7 dinners, guided walks and sightseeing with a local leader, transport to/from the walks and from Kolašin to Rafailovići

Not Included: Meals & drinks not mentioned in the itinerary, personal expenses, transport/excursions on your free day. Transfers from/to Tivat airport can be pre-booked at extra cost – ask for details when booking.

Accommodation: In Kolašin we stay in the 4-star **Hotel Bianca**, a lodge-style retreat with timber and stone accents throughout, set amongst pine forest. Rooms are fully equipped with mod cons and guests can enjoy the stylish bar & restaurant, large indoor pool and wellness centre. In Rafailovići we stay in the **Montenegrina Hotel & Spa**, a 4-star property located just a short stroll from the beach, blending modern accommodation and facilities with traditional local hospitality. The wellness centre here has an indoor/outdoor pool. *The hotels described are our usual choice of accommodation; on occasion alternatives of similar standard and location may be used.*



Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



Trip Grading: Moderate. Walks follow good paths, with occasional sections of scree and rougher terrain. Some sustained ascents and descents. Daily walking distances up to 14km with up to 1040m of ascent/descent.

Suggested itinerary:

Day 1: Arrival day

Arrive in Kolašin. This evening meet your leaders for a briefing and get to know your fellow walkers over dinner.

Day 2: Biogradska National Park

walking @ 14km

We explore Biogradska National Park, nestled in the Bjelasica mountain range in the heart of Montenegro. This is a well-preserved and unique temperate rainforest landscape, dotted with lakes, rivers, meadows and mountains including the majestic Mount Bjelasica. We walk on the boardwalk trails surrounding Lake Biograd and pass through the charming eco villages of Goles and Vranjak. The park is home to many 'katuns', traditional timber cottages used by shepherds while their flocks grazed summer pastures.

Day 3: The Prokletije Mountains

walking @ 10km

On the border with Albania, the Prokletije Mountains form the southernmost part of the Dinaric Alps, featuring numerous jagged massifs, gorges, glacial lakes and rivers. Our local guide will tell us about the abundant flora and fauna of the area while we walk a circular route of the Grebaje Valley, from Volušnica, through Talijanka to Popadija. Although the walk is relatively short, it is strenuous, with 1040 metres of ascent/descent.

Day 4: Durmitor National Park

walking @ 7km

We venture into Durmitor National Park. We drive to the multi-arched Tara Bridge spanning the Tara River canyon, one of the deepest in the world, then later we walk to serene Jablan Lake, narrow green Snake Lake, and Black Lake, the largest in the country, at the foot of the majestic Medjed peak. Black Lake is often busy with Montenegrins picnicking, canoeing, kayaking and even swimming in the glacially cold water.

Day 5: Kolašin to Rafailovići

We transfer from Kolašin to Rafailovići via the capital, Podgorica. Lunch with a glass of wine is included today.

Day 6: Lovćen National Park

walking @ 6km

Centred around Mount Lovćen, the black mountain after which Montenegro is named, this national park features a network of well-marked trails, historic trade paths and shepherds' routes. Our local guide leads us on one of the shorter routes which features panoramic views, stretching to the Adriatic Sea and Bay of Kotor from some points. We finish our walk in the historic fortified town of Kotor, with its labyrinthine Old Town.

Day 7: Budva & Kotor Bay

No walks are planned; instead we do some sightseeing. We stroll through Budva's attractive Old Town, then head to Kotor for a boat trip to Our Lady of the Rocks chapel and to tiny, picturesque Perast. Afterwards we have time to explore Kotor's winding streets and learn more about landmarks including the cathedral and city walls.

Day 8: Departure day

Tour ends after breakfast. Transfer at set time from Rafailovići to Tivat airport available at extra cost.

Contact **Outdoor Travel** for more details and reservations:

- Call Toll free 1800 331 582 or (03) 57551743 or Fax (03) 57501020
- Email: info@outdoortravel.com.au
- Web: <http://www.outdoortravel.com.au>
- Mail: Outdoor Travel Pty Ltd, PO Box 286, Bright, VIC 3741, Australia