OUTDOOR TRAVEL
THE ACTIVE HOLIDAY COMPANY

WALKING HOLIDAYS IN THE UK

2026

ENGLAND – YORKSHIRE DALES - SEDBERGH

8-day / 7-night one-hotel GUIDED walking holiday based at Sedbergh





Join a group of like-minded walkers based in the small Cumbrian market town of Sedbergh. This walking holiday is the ideal way to explore the mellow valleys or spectacular and rugged hills of the Yorkshire Dales and the untamed Cumbrian and North Pennine fells. With its picturesque valleys, villages and hills, Yorkshire Dales simply exudes serenity and relaxation. We stay at the foot of the Howgill Fells and have the chance to explore the towns of Wensleydale and Swaledale, made famous by the James Herriot books and TV series.

A typical **Classic Walking** day offers a choice of up to three guided walks of varying length and ascent. If you are new to walking, start at the easier level, where the pace is the gentlest; we have plenty of stops to enjoy the views and to rest. As your holiday progresses you may feel confident to try a more challenging level – it's entirely your choice. Walks leaders make the final decision on which routes are offered each day.

Cost from: **$2475** per person (twin share). Single room supplement on request.
Mid / high season supplement from **$295 - $660** per person on selected departures

2026 Departures: 27 February, 13 March, 3 April, 8 May, 3, 31 July, 14 August, 11, 18 September, 23 October, 6 November

Includes: 7 nights in comfortable hotel room with ensuite bathrooms, full board (breakfast, picnic lunch and dinner) experienced walks leader, 5 guided walks, transport associated with the walks, evening social activities.

Not Included: Transport to/from the house, drinks, personal expenses, transport/activities on free day.

Accommodation: Stay in the small manor house **Thorns Hall**, with just 25 bedrooms in the main building and cottages. Dating from 1535, Thorns Hall retains its historic charm with wood-panelled public rooms, fireplaces and a cobbled courtyard. A few minutes' walk from the centre of Sedbergh, it offers incredible views and great walking from the doorstep. Premium rooms (larger, more luxurious, or with superior views) are available at extra cost – please ask for details when booking.







Call OUTDOOR TRAVEL on *1800 331 582* for details or reservations

Trip Grading: Moderate to long distances, mostly on well-defined paths, though some routes are over rough, rocky terrain in remote countryside. Most walks will have sections over steeper terrain, and some may require sustained ascents and descents. Easier walks 10-12km with up to 300m of ascent, medium walks 13-17km with up to 580m of ascent, harder walks 15-18km with up to 840m of ascent in a day.

Suggested itinerary (routes are determined each day by walk leaders – subject to change):

Day 1: Arrival day
Plan to arrive at your accommodation mid-afternoon. Ask about transfer options from Oxenholme railway station.

Day 2: The Howgill Fells and Sedbergh
The easier walk explores the green valleys around Sedbergh, heading through the fields into Garsdale, then walking alongside the Clough and Rawthey rivers. Towards the end of the walk, we pass Farfield Mill, a restored Victorian wool mill. The medium and harder routes ascend high onto the Howgill Fells, a beautiful upland area of rolling grassy hills. Weather permitting there are views over the Yorkshire Dales and Lake District.

Day 3: Upper Swaledale
Discover the delightful upper reaches of Swaledale, a particularly attractive landscape with several charming sleepy villages. We may visit Thwaite, Keld, or Muker, all with traditional farms and historic churches.

Day 4: Free day
Free day – no organised walks. Explore the area independently or just relax at Thorns Hall. Perhaps ride 'England's most scenic railway', the Settle to Carlisle railway through the Yorkshire Dales.

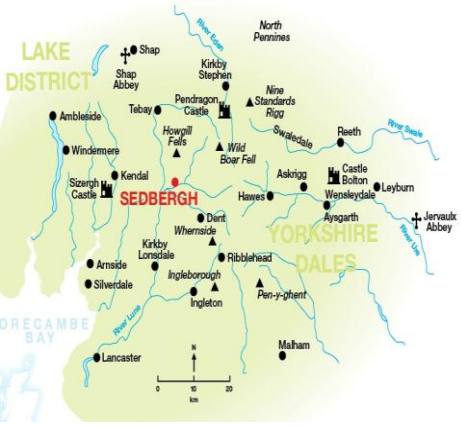
Day 5: Mallerstang Valley or Wild Boar Fell
Walking in the Eden and Mallerstand Valleys we visit the market town of Kirkby Stephen and pass the ruins of Pendragon Castle which according to legend was built by King Arthur's father, Uther Pendragon. Or, if you're up for a challenge, join the walk to Wild Boar Fell, through beautiful upland landscapes and across high moorland summits. This walk ends in picturesque Ravenstonedale at the foot of the fells.

Day 6: Rawthey & Dee Rivers
Three very different routes are possible: either a walk through fields and pastures in the shadows of the Howgill Fells and in the Rawthey valley; a circuit walk to delightful Dentdale with sections beside the River Dee and on the Dales Way; or an ascent to the summit of Aye Gill Pike, with views towards the Howgills, then a walk alongside the Rivers Clough and Rawthey back to our country house hotel.

Day 7: Smardale, Howgills & Ravenstonedale
Two of our possible walks are through the valley of Smardale Gill is a national nature reserve, a classic limestone habitat rich with butterflies, wildflowers and birdlife. And, we cross the majestic viaduct of the old Darlington to Tebay railway to Ravenstonedale. Or, walk up and over Yarlside and Randygill Top and through the rolling grassy uplands of the Howgill Fells, with a gentle descent through farmland to Ravenstonedale.

Day 8: Departure day
Tour arrangements end after breakfast.







Outdoor Travel walking holidays are available in many parts of the United Kingdom, Ireland and across Europe.

Contact Outdoor Travel for more details and reservations:

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