

CROATIA – ISLANDS OF KVARNER BAY

8-days / 7-nights moderate cycling and island hopping PREMIUM or PREMIUM PLUS

E-BIKE OPTION



The crystal-clear waters of the Northern Adriatic Sea offer many picturesque islands with dramatic cliffs, beautiful sandy beaches and small bays. All the islands are different, each with their own unique history. Spend a week discovering the landscape and people of this unique island world by bicycle, independently or with our knowledgeable tour guides on our comfortable motor yacht accommodation.

Our motor yachts get away from tourist resorts to mostly undiscovered corners of the Adriatic. In a typical day we cycle after breakfast returning at midday for lunch, then in the afternoon another cycling tour or a cruise to the next port with time for a swim or to relax. In the evening enjoy the sunset with dinner onboard (or at your own choice of restaurant), followed by a stroll around the harbour town for a beer or coffee.

Bike and Boat cruises combine cycling with island cruising, allowing partners of different abilities and interests to holiday together. Unpack once and come 'home' each night to a comfortable cabin with your own bathroom. We offer this as a Bike & Boat cycling tour however you can decide each day if you want cycle with the group, cycle independently (GPS tracks on request), or stay with the boat. The cycling is moderate with 20 to 50km each day with hilly, sometimes steep terrain mostly on sealed roads.

PREMIUM cruise from:	\$1910 per person (twin share lower deck cabin) Upper deck supplement from \$440 per person twin share Single cabin supplement on request
High season supplement:	From \$265 per person on selected departure dates
Departs:	25 April; 23 May; 6, 20 June; 4, 11, 18, 25 July; 1, 8, 15, 22, 29 August; 26 September; 10, 24 October, 2025
PREMIUM PLUS E-BIKE cruise from:	\$3630 per person (twin share lower deck cabin). Upper deck supplement from \$440 per person twin share Single cabin supplement on request
Mid/High season supplement:	From \$350 - \$705 per person on selected departure dates
Departs:	18 April; 2, 16, 30 May; 27 June; 11, 25 July; 8, 22 August; 5, 12 September; 17 October, 2025

Includes: 7 nights in comfortable cabin with ensuite onboard crewed motor yacht; 2 days full board (breakfast, lunch and dinner), 5 days half board (breakfast and either lunch or dinner); multilingual tour guide; guided cycling tours as described; hybrid bicycle hire (E-bike hire is included on the *Premium Plus E-Bike* cruise only).

Not included: Personal expenses, gratuities, drinking water and port & tourist taxes (approximately €60 per person paid to captain), drinks, meals ashore, bike insurance (available for additional cost), , bike helmets (mandatory – we recommend you bring your own, some available aboard, must be requested beforehand), transfers to/from Omišalj (available at extra cost). E-bikes on Premium tour at extra cost (on request - limited).

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

Suggested itinerary: For all tours the cruising and cycling each day will be determined by the weather and local circumstances and may be subject to change at the total discretion of the captain and cycle tour guide. Under certain circumstances the tour may be conducted in reverse..

PREMIUM PLUS E-Bike tour has a slightly different itinerary, with longer cycling distances at an E-Bike pace.

Day 1 (Friday) Omišalj to Cres

Plan to arrive by 2.00pm in Omišalj, a picturesque harbour village on the island of Krk. Our boat will depart for the island of Cres at 3.00pm. Once at Cres we can take a guided walking tour through the old town with its Venetian mansions, reminders of when the island was under Venice's rule.

Day 2 (Saturday) Islands of Cres and Lošinj

cycling @ 30km

In the morning we cycle from Cres to Martinšćica. We board the boat and enjoy a cruising lunch. Weather permitting there is time for a swim along the way to Lošinj Island where we moor at Mali Lošinj, an old seafaring and health resort, with its colourful facades and cafes. We spend the night here.

Day 3 (Sunday) Islands of Lošinj and Molat

cycling @ 20km + 10km

We cycle along the coastline of the south of Lošinj and visit the picturesque Veli Lošinj before returning to our ship for lunch. In the afternoon we cruise to the charming island of Molat for another short cycling tour, and we stay overnight in Molat's quiet harbour.

Day 4 (Monday) Islands of Dugi Otok and Zadar

cycling @ 35km

During breakfast, we cruise past many small islands before reaching the 'spice island' of Dugi Otok. Our bike tour starts in the bay of Božava, which is surrounded by woods of pine, agaves and tamarisk trees; we ride on a road virtually free of any traffic. After a ride on the island's "Road in the Sky" we arrive in the peaceful harbour of Savar or Bribinj where we meet our ship for lunch. This afternoon we can indulge in a refreshing swim before continuing to Zadar for the night. Zadar has been a centre of Dalmatian culture and politics for 3000 years and in the evening we are treated to a guided walking tour of the city.

Day 5 (Tuesday) Island of Pag

cycling @ 35km

This morning there is time to explore the island of Pag. In the harsh but delightful landscape of the island we come across many fig and olive trees. Over the centuries the island locals have built numerous stone walls for protection against the wind. Starting from Mandre, we cycle on the narrow peninsula until we reach the sea where our ship will be waiting to take us to Rab. The island of Rab is one of the sunniest places in Europe. The town of Rab, the fortified capital of the island, was built in the middle ages on a wedge shaped headland, and marks one of the highlights of our trip. The four famous bell towers are iconic symbols of the town. After dinner there is time to explore the narrow alleys with numerous cosy cafés.

Day 6 (Wednesday) Island of Rab

cycling @ 25km

We cycle through the diverse landscapes on the Island of Rab. Beginning our day in the old town, our cycling tour takes us through alternating landscapes from coastal promenades, to shaded forests and secluded bays. At lunchtime our ship awaits us in the harbor directly in front of the old town of Rab. After a swim break we cruise over to the neighboring island of Krk, where we spend the evening in the historical town.

Day 7 (Thursday) Island of Krk

cycling @ 45km

We ride over the ridge of the island, covered by fragrant macchia, to a valley of vineyards and then onwards to the small museum town of Vrbnik in the northeast. The town, built on a 50m cliff and surrounded by vineyards, is the home of *Zlahtina*, a grape found exclusively here which makes a light, refreshing white wine. Vrbnik is also home to the second narrowest alley in the world. We continue across the island through old villages and rich vegetation to Omišalj, with a chance to swim in the bay of Soline. We spend the last night in Omišalj.

Day 8 (Friday) Omišalj

The tour ends after breakfast at 9.00am. Ask for details of ongoing flights or airport transfers.

Outdoor Travel offers **Bike & Boat** cruises in **Croatia, Greece, Turkey, Italy** and in **Vietnam**. **Bike & Barge** cruises are available on many of the canals and rivers of Europe including the Seine, Loire Valley, Bordeaux and Burgundy or Provence in **France**, for two-weeks between Paris and Bruges. We offer routes in **Holland, Belgium, Austria, Romania** and **Germany** along the Saar, Moselle, Danube and the Rhine. **Inn-to-inn** cycling tours are offered in most destinations in Europe, **Japan**, in **China** and **New Zealand**.

Contact the experienced staff at Outdoor Travel for more details and reservations:

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