

FRANCE & SPAIN – CAMINO DE SANTIAGO

Inn-to-inn **SELF-GUIDED** walking on the Way of Saint James – walk in 7, 8, 9, 10, 11, 12 or 15-day sections



The Camino de Santiago or Chemin St Jacques - the route to the shrine of St James the Apostle in northwest Spain - has attracted pilgrims from all over Europe since the 12th Century when an estimated two million people each year walked, rode or were carried along the route to the city of Santiago de Compostela.

One of the major pilgrimage routes in France was from Le Puy crossing the Pyrenees at the Roncesvalles Pass, joining other trails at Puente la Reina in Navarra (near Pamplona) to form a single path across northern Spain to the shrine at Santiago de Compostela. The Spanish part of *El Camino de Santiago* runs some 800km from the Roncesvalles Pass through Puente la Reina, La Rioja, Burgos, Leon, crossing Galicia to Santiago.

Today, it is possible to experience the same route as the medieval travellers, walking the most unspoilt sections of the route on a self-guided 'inn to inn' walk – staying in simple but comfortable 1, 2 or 3-star hotels or guesthouses usually with your own bathroom / toilet - and with your baggage transferred each day. We offer one or two week easy to moderate walking sections from Le Puy in central France, south to the Pyrenees and along the northern coast of Spain to Santiago, on the road to Compostela. If you're worried about managing the distance on the longer days, ask us about pre-booking a taxi (at additional cost) to shorten your walking day.

Share in the sheer scale, the mystery and the history of this great medieval pilgrimage phenomenon. Take a journey where you can imagine the hardships, the pleasures and interests of those early pilgrims. Follow an infinitely varied succession of paths and trails that link cities and villages, great cathedrals, fine churches and ancient monuments. Travel through the wooded valleys of central France, cross the Pyrenees and the great Navarre plains, see the Montes de Leon, the vineyards of Rioja and the Bierzo, before reaching the fertile valleys of Galicia and - like millions of others through history - the sacred shrine of St James.

Departs: Daily from May to October 2026

From: **Le Puy en Velay** in France to **St Jean Pied du Port** to **Santiago de Compostela** in Spain

Cost from: **\$1665** per person twin share **Duration:** **Walks in stages of 7 to 15 days**

Includes: Comfortable hotel / guesthouse accommodation, usually with ensuite bathrooms, daily breakfasts, most evening meals as indicated, luggage transport (one bag per person), transfers as specified in the itinerary, route notes, maps, local travel information and guidebook (one set per room), English-speaking contact & emergency telephone support.

Not Included: Entry fees, meals and drinks not mentioned, excess baggage fees or any personal expenses.

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations



France

Spain

● MADRID

Suggested itineraries from 7 days to 11 weeks with daily departures and extra nights on request.
You can choose to reduce daily distances by adding an extra night in some sections where asterisk* is shown.

LE PUY EN VELAY – NASBINALS – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Le Puy in time for dinner.
DAY 2 Le Puy – St Privat d'Allier, 24km
DAY 3 St Privat d'Allier – Saugues, 20km
DAY 4 Saugues – Les Faux, 26km
DAY 5 Les Faux – Aumont, 21km
DAY 6 Aumont – Nasbinals, 27km
DAY 7 Trip ends after breakfast.

Nearest arrival train station: Le Puy en Velay
Difficulty: 4 to 7 hours walking daily.
Ascent between 440-630m each day
Descent between 230-830m each day
Accommodation: 6 nights in 2 or 3-star hotels, with half board (breakfast and dinner)

Costs per person:	From \$2025 (twin share)
Single room supplement:	From \$365 (as available)
Solo Traveller supplement:	From \$100 per person (as available)



NASBINALS – CONQUES – 7-days / 6-nights (5-days walking in France)

DAY 1 Arrive at Nasbinals in time for dinner.
DAY 2 Nasbinals – St Chély d'Aubrac, 17km
DAY 3 St Chély d'Aubrac – Espalion, 25km
DAY 4 Espalion – Estaing, 13km
DAY 5 Estaing – Sénergues, 26km
DAY 6 Sénergues – Conques, 10km
DAY 7 Trip ends after breakfast

Nearest arrival train station: Aumont-Aubrac or St Christophe
Difficulty: 3 to 7 hours walking daily
Ascent between 300-820m each day
Descent between 390-1125m each day
Accommodation: 6 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast & dinner)

Costs per person:	From \$2010 (twin share)
Single room supplement:	From \$460 (as available)
Solo Traveller supplement:	From \$80 per person (as available)

CONQUES – CAHORS – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Conques in time for dinner
DAY 2 Conques – Decazeville, 18km
DAY 3 Decazeville – Figeac, 29km
DAY 4 Figeac – Cajarc, 30km*
DAY 5 Cajarc – Limogne, 17km
DAY 6 Limogne – Lalbenque, 22km
DAY 7 Lalbenque – Cahors, 19km
DAY 8 Trip ends after breakfast.

Nearest arrival train station: Rodez, then bus for Conques
Difficulty: 4 to 8 hours walking daily
Ascent between 180-1220m each day
Descent between 215-1290m each day
Accommodation: 7 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

Costs per person:	From \$2250 (twin share)
Single room supplement:	From \$560 (as available)
Solo Traveller supplement:	From \$85 per person (as available)

CAHORS – LECTOURE – 7-days / 6-nights (5-days of walking in France)*

DAY 1 Arrival at Cahors in time for dinner
DAY 2 Cahors – Montcuq, 31km*
DAY 3 Montcuq – Durfort Lacapalette, 26km*
DAY 4 Durfort Lacapalette – Moissac, 14km
DAY 5 Moissac – Auvillar, 19km
DAY 6 Auvillar – Lectoure, 33km
DAY 7 End of the trip after breakfast

Nearest arrival train station: Cahors
Difficulty: 4 to 8 hours walking daily
Ascent between 100-600m each day
Descent between 100-615m each day
Accommodation: 6 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

Costs per person: From **\$1995** (twin share)
Single room supplement: From **\$510** (as available)
Solo Traveller supplement: From **\$75** per person (as available)

LECTOURE — AIRE-SUR-ADOUR – 8-days / 7-nights (6-days of walking in France)

DAY 1 Arrival at Lectoure in time for dinner
DAY 2 Lectoure – La Romieu, 19km
DAY 3 La Romieu – Condom, 14km
DAY 4 Condom – Montréal du Gers, 16km
DAY 5 Montréal du Gers – Eauze, 17km
DAY 6 Eauze – Nogaro, 20km
DAY 7 Nogaro – Aire-sur-Adour, 25-28km
DAY 8 Trip ends after breakfast.

Nearest arrival train station: Agen or Auch, then bus to Lectoure
Difficulty: 4 to 7 hours walking daily
Ascent between 75-375m each day
Descent between 50-320m each day
Accommodation: 7 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

Costs per person: From **\$2395** (twin share)
Single room supplement: From **\$660** (as available)
Solo Traveller supplement: From **\$85** per person (as available)



AIRE-SUR-ADOUR – ST JEAN PIED DE PORT – 10-days / 9-nights (8-days walking in France)

DAY 1 Arrival at Aire-sur-Adour in time for dinner
DAY 2 Aire-sur-Adour – Miramont Sensacq, 18km
DAY 3 Miramont Sensacq – Arzacq, 15km
DAY 4 Arzacq – Poms, 21km (stay in Morlanne)
DAY 5 Poms – Maslacq, 19km
DAY 6 Maslacq – Navarrenx, 22km
DAY 7 Navarrenx – Aroue, 20km (stay in St Palais)
DAY 8 St Palais – Larceveau, 15km
DAY 9 Larceveau – St Jean Pied de Port, 18km
DAY 10 Trip ends after breakfast.

Nearest arrival train station: Aire-sur-Adour
Transfers included:
Day 4: Poms- Morlanne
Day 5: Morlanne to Poms
Day 7: Aroue to St Palais
Difficulty: 4 to 7 hours walking daily
Ascent between 240-530m each day
Descent between 240-500m each day
Accommodation: 9 nights in 1, 2 or 3-star hotels or guesthouses, with half board (breakfast and dinner)

Costs per person: From **\$2835** (twin share)
Single room supplement: From **\$765** (as available)
Solo Traveller supplement: From **\$80** per person (as available)

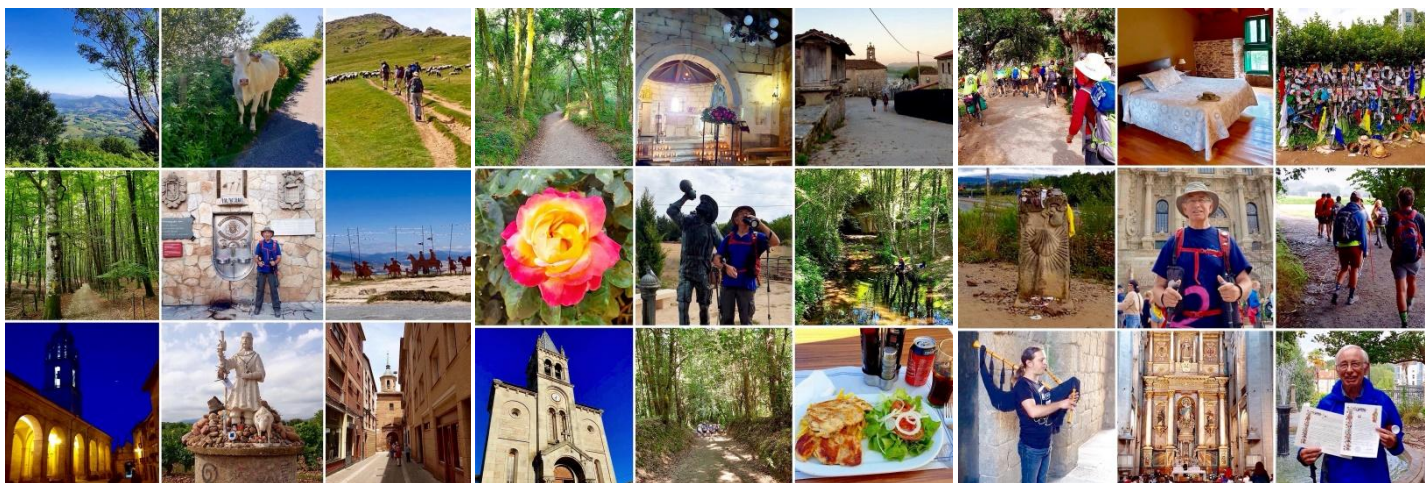


ST JEAN PIED DE PORT – LOGROÑO 9-days / 8-nights (7-days of walking from France into Spain)

DAY 1 Arrival St Jean Pied de Port before dinner
 DAY 2 St Jean Pied de Port – Roncesvalles, 25km
 DAY 3 Roncesvalles – Zubiri, 22km
 DAY 4 Zubiri – Pamplona, 21km
 DAY 5 Pamplona – Puente La Reina, 24km
 DAY 6 Puente La Reina – Estella, 22km
 DAY 7 Estella – Los Arcos, 22km
 DAY 8 Los Arcos – Logroño, 28km.
 DAY 9 Trip ends after breakfast

Nearest arrival train station: St Jean Pied de Port
 Difficulty: 6 to 8 hours moderate walking daily
 Ascent between 140-500m each day (except for Day 2 which has a 1500m climb).
 Descent between 230-865m each day
 Accommodation: 8 nights in 2 or 3-star hotels,
 6 nights with half board (breakfast and dinner) and
 2 nights with B&B only (Pamplona and Logroño)

Costs per person: From \$2365 (twin share)
Single room supplement: From \$690 (as available)
Solo Traveller supplement: From \$65 per person (as available)



LOGROÑO – BURGOS – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Logroño
 DAY 2 Logroño – Najera, 29km*
 DAY 3 Najera – Sto Domingo de la Calzada, 21km
 DAY 4 Sto Domingo de la Calzada – Belorado, 26km
 DAY 5 Belorado – San Juan de Ortega, 24km
 (Return by taxi to Belorado - included)
 DAY 6 Taxi to San Juan de Ortega (included) then
 walk San Juan de Ortega – Burgos, 28km
 DAY 7 Trip ends after breakfast.

Nearest arrival train station: Logroño
 2 transfers ex Belorado included in tour cost.
 Departure point: Burgos
 Difficulty: 6 to 8 hours of flat easy walking daily
 Ascent between 150-395m each day
 Descent between 160-280m each day
 Accommodation: 6 nights in 2 or 3-star hotels, with
 3 night half board (breakfast and dinner), 3 nights
 B&B only (in Logroño, Santo Domingo, Burgos).

Costs per person: From \$1765 (twin share)
Single room supplement: From \$625 (as available)
Solo Traveller supplement: From \$130 per person (as available)



BURGOS – LEÓN – 11-days / 10-nights (9-days of walking in Spain)

DAY 1 Arrival at Burgos in time for dinner
 DAY 2 Burgos – Hornillos del Camino, 20km
 (Short transfer to hotel)
 DAY 3 (Short transfer from hotel)
 Hornillos del Camino - Castrojeriz, 20km
 DAY 4 Castrojeriz – Frómista, 26km
 DAY 5 Frómista – Carrión de los Condes, 21km
 DAY 6 Carrión – Calzadilla de la Cuenza, 18km
 DAY 7 Calzadilla de la Cuenza - Sahagun, 24km
 DAY 8 Sahagun – El Burgo Ranero, 26km
 DAY 9 El Burgo Ranero – Mansillas d/I Mulas, 20km
 DAY 10 Mansillas de las Mulas – León, 20km
 DAY 11 Trip ends after breakfast

Nearest arrival train station: Burgos
 Transfers: 2 transfers (to/from Hornillos) included.
 Difficulty: 5 to 8 hours of moderate walking daily
 Ascent between 80-305m each day
 Descent between 40-320m each day
 Accommodation: 10 nights in 2 or 3-star hotels, with half board, except for Burgos which is B&B only.

Upgrade to the Parador Hotel in León at extra cost
 – ask for details

Costs per person: From **\$2960** (twin share)
Single room supplement: From **\$395** (as available)
Solo Traveller supplement: From **\$80** per person (as available)

LEÓN – SANTIAGO DE COMPOSTELA – 15-days / 14-nights (13-days of walking in Spain)

DAY 1 Arrival at León in time for dinner
 DAY 2 León – Hospital de Orbigo, 28km
 (Optional local bus at extra cost)
 DAY 3 Hospital de Orbigo – Astorga, 18km
 DAY 4 Astorga – Rabanal del Camino, 21km
 DAY 5 Rabanal – Ponferrada, 33km*
 DAY 6 Ponferrada – Villafranca del Bierzo, 23km
 DAY 7 Villafranca del Bierzo – O Cebreiro, 30km*
 DAY 8 O Cebreiro – Triascastela, 21km
 DAY 9 Triascastela – Sarria, 18km
 DAY 10 Sarria – Portomarin, 23km
 DAY 11 Portomarin – Palas de Rei, 25km
 DAY 12 Palas de Rei – Arzua, 29km*
 DAY 13 Arzua – Lavacolla, 29km*
 DAY 14 Lavacolla – Santiago de Compostela 10km
 DAY 15 Trip ends after breakfast

Nearest arrival train station: León
 Difficulty: 4 to 8 hours walking daily
 Ascent between 50-900m each day
 Descent between 20-940m each day
 Accommodation: 14 nights in 1, 2 or 3-star hotels with half board (breakfast and dinner) except in Santiago where we offer B&B only.

Upgrade to the Parador Hotel in Santiago at extra cost
 – ask for details

Costs per person: From **\$3695** (twin share)
Single room supplement: From **\$875** (as available)
Solo Traveller supplement: From **\$525** per person (as available)

Call OUTDOOR TRAVEL on 1800 331 582 for details or reservations

SARRIA – SANTIAGO DE COMPOSTELA (STANDARD) – 7-days / 6-nights (5-days of walking in Spain)

DAY 1 Arrival at Sarria in time for dinner
DAY 2 Sarria – Portomarin, 23km
DAY 3 Portomarin – Palas de Rei, 25km
DAY 4 Palas de Rei – Arzua, 29km
DAY 5 Arzua – Lavacolla, 29km
DAY 6 Lavacolla – Santiago de Compostela 10km
DAY 7 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.
Nearest train station: Sarria (infrequent trains)
Difficulty: 6 to 8 hours walking daily
Ascent between 50-600m each day
Descent between 130-565m each day
Accommodation: 6 nights in 2 or 3-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

Costs per person: From **\$1665** (twin share)
Single room supplement: From **\$490** (as available)
Solo Traveller supplement: From **\$125** per person (as available)

*To avoid the long 29km section to Arzua, we offer an alternative **‘Easier Km’** 8-day version via Melide:

SARRIA – SANTIAGO DE COMPOSTELA (EASIER KM) – 8-days / 7-nights (6-days of walking in Spain)

DAY 1 Arrival at Sarria in time for dinner
DAY 2 Sarria – Portomarin, 23km
DAY 3 Portomarin – Palas de Rei, 25km
DAY 4 Palas de Rei – Melide, 15km
DAY 5 Melide – Arzua, 14km
DAY 6 Arzua – Rua, 19km
DAY 7 Rua – Santiago de Compostela 20km
DAY 8 Trip ends after breakfast

Arrival point: Santiago (airport transfer to Sarria available at extra cost) or utilise local buses.
Nearest train station: Sarria (infrequent trains)
Difficulty: 4 to 7 hours walking daily
Ascent between 50-600m each day
Descent between 130-565m each day
Accommodation: 7 nights in 2 or 3-star hotels, with half-board (breakfast and dinner) except in Santiago where we offer B&B only.

Costs per person: From **\$1885** (twin share)
Single room supplement: From **\$520** (as available)
Solo Traveller supplement: From **\$130** per person (as available)

Getting to Sarria: public transport is infrequent; we strongly recommend you make your way to Santiago and take either a local bus to Sarria or book a pre-paid taxi to Sarria (Ask for details and costs).

Upgrade to the Parador Hotel beside the cathedral in in Santiago at extra cost on either tour – ask for a quote.



Note: You can choose to reduce daily distances by adding an extra night in some sections where asterisk* is shown. Please ask for more details when booking.

Contact Outdoor Travel for more itinerary details and reservations:

- Call toll free on 1800 331 582 or (03) 57 551 743 or Fax (03) 57 501 020
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