

HOLLAND & BELGIUM – AMSTERDAM TO BRUGES or reverse

8-days / 7-nights **SELF-GUIDED** inn-to-inn cycling



The cycling route from Amsterdam to Bruges (or reverse) is one of the most popular in Europe, taking in historic cities, quiet villages, iconic landscapes, national parks and nature reserves, all while riding through two of the most cycle-friendly countries in the world. The tour starts or finishes in cosmopolitan Amsterdam and we recommend you have extra nights to explore this fascinating city. Ride on cycle paths and quiet back roads to the historic market town of Gouda. Visit the iconic Dutch windmills at Kinderdijk and the fortified town of Willemstad, situated on the wide expanses of Zeeland. Cycle through the open, flat polder landscape of the Green Heart of Holland, and end (or begin) in Bruges, with its windmills, gardens and picturesque town centre, possibly the most beautiful of all historical Flemish cities.

Departs: Daily on demand from 1 April to 24 September, 2026

Cost from: **\$2090** per person twin-share Single room supplement from **\$995**

Includes: 7 nights' accommodation in comfortable 3- or 4-star hotels in ensuite rooms; 7 breakfasts; hire of multi-geared touring bike with lock, repair kit, pannier, bike insurance; luggage transfers; route notes, maps, navigation app & GPS data; emergency telephone hotline.

Not included: Other meals, drinks, personal expenses, optional visits or entry fees, ferry fares, travel to/from the start/end of the tour. Saturday night stay in Amsterdam carries a supplement from \$60 per person.

On selected dates, a two-night minimum stay is required in Amsterdam; please ask for details when booking.

E-bike hire is available for a supplement of \$290 per bike. **Helmet hire** is available for \$25 each.

Grading: Easy to moderate, with daily distances of up to 70km, mostly on cycle paths and quiet side roads.



Call OUTDOOR TRAVEL on 1800 331 582 for details and reservations

Suggested itinerary:

Day 1: Arrive Amsterdam

Plan to arrive early: Amsterdam is one of the great cities of Europe and there is much to explore here including its iconic canal district lined with distinctive narrow townhouses and world-famous museums like the Rijksmuseum and Anne Frank House. Ask about extra nights here (at additional cost).

Day 2: Amsterdam – Gouda

cycling @ 70km

Head south from Amsterdam through the 'Green Heart of Holland', a peaceful rural area of polders, irrigated fields, dairy cattle and windmills. Cycling through this flat, open landscape you are constantly surrounded by water. Your destination today is the market town of Gouda, famous for its cheese, as well as for 'stroopwafels' (treacle-waffle), pottery, stained-glass windows, and magnificent town hall. There is time this evening for a stroll around the Old Town and a visit to the Waag (Weigh House).

Day 3: Gouda – Papendrecht / Dordrecht

cycling @ 40km

Again you cycle surrounded by the canals and lakes of the Green Heart to Kinderdijk, a UNESCO World Heritage-listed site of 19 historic working windmills and pumping stations; you may like to visit the museum housed in one of the windmills. Continue along the Alblasserwaardpolder to Papendrecht where you stay the night. Perhaps cross the river to explore the historic town of Dordrecht.

Day 4: Papendrecht / Dordrecht – Willemstad

cycling @ 65km

Your ride takes you along the fringes of Biebosch National Park, a vast wetlands of both salt and fresh water, tidal creeks, rivers, islands of willows and reeds, and an important habitat for birds. There is an alternative route if the ferry is not running. End your day in the fortified town of Willemstad.

Day 5: Willemstad – Zierikzee

cycling @ 50km

You cross the vast delta of several great Dutch rivers and enter the province of Zeeland on this day. Ride across bridges and take your bicycle on ferries as you meander your way to Zierikzee. If time permits, visit the Watersnoodmuseum, which tells the story of the disastrous flooding in 1953. Zierikzee is the centre of the Dutch mussel industry – 'Zeeuwse mosselen' (blue mussels) are a local delicacy.

Day 6: Zierikzee – Middelburg

cycling @ 45km

The route takes you to the beaches and sand dunes of the North Sea coast. The charming town of Veere is a good spot to stop for refreshment; this was once a centre of the Scottish wool trade and was home to a lively community of expat Scottish traders and merchants. Finish the day in Middelburg, one of the most important trading centres during the 'Dutch Era', the height of the Dutch republic in the 16th and 17th centuries.

Day 7: Middelburg – Bruges

cycling @ 70km

From Middelburg cycle to Vlissingen then take the ferry to Zeeuws-Vlaanderen (Dutch-Flanders) with its winding country roads, pollard willows, meadows and scattered villages. Cross the border into Belgium and reach charming little Damme, on the banks of the Damse Vaart. From here, it's only a short stretch to Bruges, nicknamed 'the pearl of Flanders' and 'the Venice of the north'. This exceptionally well-preserved town centre has most of its medieval architecture intact, and recalls the time when it was at the heart of the European wool and fabric trade.

Day 8: Departure day

Tour ends after breakfast in Bruges. Ask about extra nights in Bruges (at additional cost).

Other **Outdoor Travel** cycling destinations include Spain, France, Ireland, England and Scotland, Poland, the Czech Republic, North America, New Zealand and Vietnam. We also offer group guided **Bike and Barge** Bike & Barge or Bike & Boat cruises to many areas of Europe including the **Loire Valley & Burgundy** or Provence in France, in Germany along the **Rivers Saar, Moselle and Rhine**, in Italy on the Venice Lagoon or Sicily, the popular **River Danube** in Austria, Hungary, Slovakia or the Danube Delta of Romania, island hopping in **Greece, Turkey** or on the Dalmatian coast of **Croatia**.

Contact Outdoor Travel for more details and reservations:

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